



68TH ANNUAL REPORT 2022/2023

# TOOWOON BAY SLSC





**“Surf Life Saving exists to  
save lives, create great  
Australians and build better  
communities”**

**Toowoan Bay SLSC  
Forever vigilant in serving the  
community.**





## Contents

<b>Toowoan Bay SLSC 68<sup>th</sup> Annual General Meeting</b> .....	1
<b>Life Members</b> .....	2
<b>Office Bearers for 2022/2023</b> .....	3
<b>President’s Report – 2022/2023</b> .....	5
<b>Director of Finance Report – 2022/2023</b> .....	7
<b>Sponsorships, Fundraising, Donations and Grants – 2022/2023</b> .....	7
<b>Sponsorships</b> .....	7
<b>Fundraising</b> .....	11
<b>Distributions and Donations</b> .....	12
<b>Grants</b> .....	12
<b>Vice President Rescue Services/Club Captain’s Report – 2022/2023</b> .....	14
<b>Chief Training Officer’s Report – 2022/2023</b> .....	16
<b>Toowoan Bay SLSC Senior Presentation – 2022/2023</b> .....	18
<b>Vice President Youth Services/JAC Report – 2022/2023</b> .....	20
<b>Under 6’s</b> .....	25
<b>Under 7’s</b> .....	26
<b>Under 8’s</b> .....	26
<b>Under 9’s</b> .....	27
<b>Under 10’s</b> .....	27
<b>Under 11’s</b> .....	28
<b>Under 12’s</b> .....	29
<b>Under 13’s</b> .....	30
<b>Under 14’s</b> .....	31
<b>Junior Competition Results</b> .....	33
<b>Toowoan Bay Stingray Nippers – 2022/2023</b> .....	33
<b>Cadets and Seniors Report – 2022/2023</b> .....	35
<b>Master’s Report and Results – 2022/2023</b> .....	36
<b>Master’s Results:</b> .....	37
<b>Function Room Report – 2022/2023</b> .....	39
<b>Toowoan Bay Ocean Swim 2022</b> .....	41



## Toowoan Bay SLSC 68<sup>th</sup> Annual General Meeting

Notice is hereby given that the 68<sup>th</sup> Annual General Meeting of Toowoan Bay Surf Life Saving Club will be held on Sunday 23<sup>rd</sup> July 2023 at 1pm, upstairs in the Clubhouse.

### **AGENDA**

- Welcome
- Apologies
- Minutes of 67<sup>th</sup> Annual General Meeting.
- Business arising from previous Annual General Meeting 2021/2022.
- Presentation, consideration, and adoption of 68<sup>th</sup> Annual Report and Financial Report of the Board and Auditors 2022/2023.
- Election of Directors for the 2023/2024 Season.
- Election of further office bearers for the 2023/2024 season.
- Appointment and fixing of the remuneration of the Auditors.
- Motion of affiliation with SLS Central Coast and SLSNSW.
- Meeting Close

## Life Members

(\*Deceased)

Robert Roberts *	John Horn Snr *	Raymond Hatfield*	Dean Griffin
Harry Shean *	Graeme Slade Snr	Robert Hill *	Denis Hannigan
Roy Swadling *	Mark Bradly *	Darren Lewis	Helen Clifton
Bill Pawson*	Angelo Deluca *	Beth Bradly *	Mick Cook
Ron Calman OAM ESM	Brian Ford *	Mark Shearan	Chris Manning
Gordon Matthews *	Margaret Ford *	John Murphy *	Graham Sherer
Peter Cox	Thelma Laird *	Lyn Waters	Dennis Coelli
Dennis Moir	Denise Austin	Ross Blowers	Geoff Grice
Keith Salmon *	Margaret Moore *	Bil Kensey	Bruce Mohr
Kenneth Strickland	Norma Murphy *	Chris Jones	



## Office Bearers for 2022/2023

### **Executive Committee:**

President	Phillip Raymont
Director of Administration	Tracey Clifton
Director of Finance	Karen Hickmott
Vice President Rescue Services/Club Captain	Graham Sherer
Vice President Youth Services/JAC	Chris Baldwin

### **Management Committee:**

Chief Training Officer	Sue Hale
Manager – Rookies	Not filled
Manager – Masters	Christiana Mergan
Board and Ski Captain	Karen Igoe and Rod Mergan
First Aid Officer	Ruth Cook
Manager – Gear and Equipment	Garry Chappell
IRB Captain	Mike Hayhurst and Stuart Mangion
Manager – Radios	Jacqui Donadel
Registrar	Jacqui Donadel
Cultural/Historical Officer	Lyn Waters and Denis Hannigan
Grants/Fundraising	Karen Hickmott
Sponsorships	Karen Hickmott and Mick Cook
Building Committee	Chairperson Mark Shearan
Uniform Shop	Lynette Lewis (stepped away due to family reasons)
Function Room	Jacqui Donadel
Social Media (Insta/Facebook)	Insta – Katie Hinshelwood, Facebook – Jacqui Donadel
Licensee	Christiana Mergan
Bar Manager	Karen Hickmott
Club Liaison Officer	Denis Hannigan
Complaints Manager	Denis Hannigan
Community Liaison Officer	Mick Cook
Child Safe Co-Ordinator	Jacqui Donadel
MPIO	Karen Hickmott
Water Safety Supervisor	Geoff Cresswell
Live In Caretaker	Leigh Perrow
Administration Support (Paid)	Jacqui Donadel
Accountants/Auditor	Fortunity Chartered Accountants

# OUR MISSION

## No Lives Lost

Membership and Lifesaving



**808**  
Members



**346**  
New Members



**318**  
Nippers



**117,751**  
Visitors



**7,151.71**  
Total hours patrolled

### Safety Outcomes



**21**  
Rescues



**103**  
First Aid Treatments



**849**  
Preventative Actions

### Key Achievements



**19**  
Bronze Medallions



**595**  
Awards



**National Medal**  
25 year Clasp  
2 Medals



## President's Report – 2022/2023

What a great thrill it is to submit this year's President's Report. The last few years have been extremely challenging to say the least, and it was great to see everyone working through the challenges together. I hope everyone enjoyed our first 'as normal as possible' season, with the cloud of COVID-19 restrictions having lifted.

Throughout the year, the Executive was very busy and continues to lay down foundations to ensure the success and viability of the club into the future. The 2022/23 team has been amazing. Chris Baldwin has completely restructured the nipper program, with renewed and enthusiastic support from nipper families. Graham (Cuddles) Sherer ensured our lifesaving capabilities were kept on track. Our Director of Finance Karen Hickmott has continued her insightful, guiding influence in all financial matters. Our Director of Administration Tracey Clifton did a terrific job, and any admin challenges were always met with calm and steady responses. Of course, where would we be without the support of our incredible Administration Officer Jacqui Donadel.

The ability of our club to maintain services on the beach is dependent on the generous support from our sponsors and supporters, who are detailed in the sponsorship section of this report. I am indebted to our sponsors and on behalf of the Club, I would like to extend my immeasurable thanks for their continued support. The responsibility of sourcing and managing our sponsors was undertaken by Karen Hickmott and Mick Cook, who have done a great job in continuing to build on relationships with our sponsors and continue to source new supporters, both in-kind and monetary contributors.

Our patrolling numbers remained strong, especially when compared to other clubs on the Coast. Our **CORE BUSINESS OF SURF LIFE SAVING** was put to the test with increased numbers of visitors to Toowoan Bay following a couple of years of travel restrictions. Fantastic weather and conditions saw the Christmas holiday period extremely busy, and it was in this time that the bulk of our rescues were performed, particularly by Patrols 1, 4 and 8. My immense thanks to all patrolling members, the skills displayed, leadership shown and the professional manner in which patrols are carried out is a credit to all involved.

Toowoan Bay SLSC prides itself on being a community hub with its core ideology centred on making a positive difference that manifests itself through action, combined knowledge, skills, motivation, and values.

- TBSLSC provides an inclusive, inviting, safe and friendly space for our younger members and emerging life savers to enjoy their many activities.
- Our Stingray Nippers (inclusive nipper program), and the band of volunteers that assist, cherish their time together participating in the program.
- Our patrolling members are encouraged to participate in surf sports training which helps in developing, improving, and maintain fitness and surf lifesaving skills.
- Our Buttercups are an integral part of the success of the Club and are involved at every level. They are the inviting, friendly face, the soul of the Club and a conduit through which many new club members are channelled.
- Our hall offers a meeting point for community groups, yoga, Pilates, choir, Club and Academy courses, club celebrations, and family gatherings. Special events, in collaboration with Village Kiosk, bring the community together – Father's Day, Mother's Day, Melbourne Cup Day.
- Our ANZAC Day commemoration is the highlight of our year and grows in popularity each year.
- The Toowoan Bay Ocean Swim, with thanks to Greg Owen and his team, is gaining momentum as the apex swim on the calendar.

- Our Sunday SIPS has gained a life of its own, offering live artists monthly, and a welcoming space to enjoy a Sunday afternoon wind-down beverage. The bar is staffed by volunteers, and I thank everyone for giving up their time to ensure its success.

The Club is travelling well financially. Village Kiosk, hall hire's, Sunday SIPS, and BBQ all contribute well to our bottom line. Details on the Club's financials, including grants and fundraising, are contained in the Finance section of this report. I would like to thank our 'Grant Queen' Karen Hickmott for all her hard work and the time she puts into each submission. The success of these grant applications is testament to her hard work, and I think we should be grateful for the funds she helps direct to the Club that allow for projects to be completed sooner rather than later and lessens the burden on members to fundraise.

For us to have strong patrols it is essential that we have well trained, confident lifesavers. Our Education Team, headed up by Chief Training Officer (CTO) Sue Hale, once again excelled in training members for the Surf Rescue Certificate (SRC), Bronze Medallion and many higher awards. TBSLSC is fortunate to have such a dedicated team of trainers, assessors, facilitators and delegates and their quality of training/assessing/facilitating is highly regarded. Welcome to all our successful 2022/23 course candidates and I hope that you continue to be actively involved.

Chris Baldwin took on the challenge of Junior Activities, streamlined the nipper program by delegation and role definition and the interaction between them. This greatly assisted in parent involvement and increased participation and diversity in attendance at competitions. Running the Junior Club is not a simple task and with 318 nipper members, Chris and his Age Managers did a fantastic job to ensure that Sunday morning activities ran smoothly, safely, and everyone involved had fun.

Karen Hickmott and the Toowoong Bay Stingray Nippers had another brilliant season, helped by a cheerful group of TBSLSC volunteers and the addition of several Duke of Edinburgh volunteers from Central Coast Grammar School. Tribe Disability Support came on board as a sponsor and provided caps for all the volunteers. They also lent us two of their finest support workers to help with the running of the program. The highlight of the season was the launch of the 'Pedotle' – part pelican, part dolphin, part turtle – the brainchild of patrolling member Andi Mether. The fantastical creature celebrated the ABILITIES rather than the DISabilities of our wheelchair bound Stingrays.

Central Coast Council (CCC) has been active on some long-standing problems within the building. In February Council completed the retiling and waterproofing on the balcony. They were also tasked to replace the leaking water tanks above the First Aid/Lifeguards' room. In preparation for the all-weather cover, Council agreed to remove the light pole in front of the Kiosk and moved the garbage bins. A bike rack is to be installed and the drainage issue with the outdoor shower was rectified.

The Building Committee has continued with planning meetings, feasibility studies and development of concept plans with help from an independent architectural company.

With an increase in pedestrian traffic around the gear shed, the need for security cameras was identified. The cameras were installed in April.

Over the off season, our electrician will be investigating, renovating, and rejuvenating the electrics in the gear shed.

Our Surf Sports season kicked off with two teams travelling to the Gold Coast to tackle Coolangatta Gold. Conditions proved very testing and tiring but the women's teams' hard work in training paid off with a bronze placing. There was good representation from our U8's to U15's at local carnivals and our Master's represented at their favourite - SLSCC Branch Championships.

We hosted the SLSCC Inclusive Carnival where good spirited camaraderie was experienced by all and we had a fantastic effort from two of our Stingrays, who came away with three gold and two silver at the SLSNSW Inclusive Carnival.

Special mention to Julie Dawson and Wendy McNamara for representing at SLSNSW Championships in horrifically humid conditions and the competition flag was carried to the Aussies in Perth by Julie, who was our only representative.

I have secured the services of a respected and experienced coach for 2023/2024 to help with the programs already in place for our junior membership.

TBSLSC is almost 70 years old!! The Club's 70<sup>th</sup> anniversary will be celebrated on 21<sup>st</sup> September 2024, if all goes to plan. The Executive has begun discussions on an appropriate way to celebrate this milestone. SLSNSW and CCC are very supportive of this project and more details will follow.

In closing I would like to thank everyone who has supported me as President since I took office in 2019. The Club has come a long way in that time, and I look forward to new and exciting challenges, opportunities, and adventures in the future.

'Teamwork is the secret that makes common people achieve uncommon results.'

Ifeanyi Enoch Onuoha

Phillip Raymont  
President 2022/2023

## Director of Finance Report – 2022/2023

Our overall surplus for the year was \$67,480 up from \$40,961. Major contributors to this improved result were the increase in hall hire and Sips revenues with the lifting of COVID restrictions along with the return of our Sunday morning nipper BBQ, increased membership, and healthy returns from the Village Kiosk.

The cost/revenue profile of the Club has changed significantly this year with the licensing out of the cafe to Carver Catering Pty Ltd who commenced operations on the 20<sup>th</sup> June, 2022. We are now reporting a net revenue figure from the Kiosk rather than a gross revenue with significant associated expenses. The Kiosk is travelling really well with record revenues, and we have significantly reduced the risk and resources required to run a busy commercial hospitality operation.

We have been successful in the award of several significant grants this season but the majority of those were not funded by the end of the financial year so will be reflected in next season's financial result.

Karen Hickmott  
Director of Finance 2022/2023

## Sponsorships, Fundraising, Donations and Grants – 2022/2023

### Sponsorships

Again, we continued our tiered sponsorship program which clearly outlines the range of sponsorship opportunities and benefits to our existing and future sponsors who are generously supplying much needed cash or products/services or both to assist us in efficiently running the club.:

---

**Platinum – over \$5,000**


[Central Coast Council](#) provided us with \$7,150 to cover costs of life saving equipment and supplies required to support and deliver our life saving service on the weekends and public holidays throughout the season.



We continued to be very fortunate again this season to have had the support of the team at [Magic Mum's Cleaning](#) to keep our member's change area and first aid rooms spick and span and COVID safe. Many thanks to our nipper mum Kim Burns, Tara Meurant and the team!



[Craig Moore Wholesale Cars](#) provide us with use of a digital road sign to attract people down to events at the Club along with assistance with the running of the Sunday morning Nippers BBQ



[Hornby Project Signage](#) - provided us with lovely new signage for the exterior of the club



[erbas™](#) - providing consulting advice for the proposed club redevelopment.



Gold - \$2,000 - \$5,000

[Narellan Pools Central Coast](#) and [Poseidon Pool Services](#) ongoing support with funding for lifesaving operations.



We are lucky to have the continuing support of [Fortunity](#) in the preparation and audit of our financial statements and general financial advice throughout the year.

## ZEST EVENTS INTERNATIONAL

TBSLSC patrolling member Andi Methner and her organisation [Zest Events International](#) brought us the fantastic 'Pedotle' celebration of our wheelchair bound Stingray Nippers during the season.



**FAWKES**  
FINANCIAL SERVICES PTY LTD

1300 764 252

Patrolling member and Director of [Fawkes Financial Services Pty Ltd](#) Stuart Mangion continues to oversee and advise us on our investment portfolio.



We have been fortunate to call on the pro bono advice of [Aubrey Brown Lawyers](#) throughout the season.



[Blocked Plumbing Services](#) continue their support with funding for lifesaving operations.



[Little Dog Design](#) assisted us with the redesign and implementation of our new website



Patrolling member Robbie MacDougall's [Alba Creations](#) have been helping around the club particularly with the installation of the new signage.



[Tribe Disability Support](#) jumped on board to support our Toowoona Bay Stingray nipper program by providing our volunteers with co-branded caps as well as providing us with two of their finest support workers as volunteers on the beach.

---

## Silver - \$500 - \$2,000



[Choices Flooring Tuggerah](#) continue to help us with flooring ideas/needs during our various refurbishment projects.



[Endeavour Marine](#) continue to assist us with the maintenance and servicing of our IRB motors at a discounted rate.



[Village Kiosk Toowoong Bay](#) for providing the very important 'patrol chips' that keep our patrolling members happy on the beach.



[Linda Rainsford Property](#) jumped on board with a cash sponsorship as well as a settlement incentive to any referrals through the Club.

---

### Sponsors of Surf Life Saving Australia

Ampol  
BRP  
DHL  
Dulux  
Isuzu  
Westpac

### Sponsors of Surf Life Saving NSW

Ingenia Holiday Parks  
Midford  
Oakberry Acai  
Sharkskin  
Your Local Club

### Sponsors of Surf Life Saving Central Coast Branch

Central Coast Council  
Central Coast Leagues Club  
Fortunity  
Freemasons on the Central Coast  
Good Gear  
Mingara  
Newcastle Permanent  
Resinc Solar  
Southern Cross Austereo

---

## Fundraising

The Surf Life Saving Foundation must be acknowledged for conducting fundraising on behalf of clubs and branches, and this year we received \$6,100 from their efforts. Conducting fundraising efforts centrally frees up our members' time to focus their energy and resources on lifesaving activities – their number one mission. We acknowledge and thank all the members of the general public and donors for their generous support. Thanks for taking the call from Surf Lifesaving and buying raffle tickets. With these funds we purchased vital lifesaving equipment, First Aid Equipment, PPE and training equipment.

## Distributions and Donations

We gratefully received the following distributions from events and donors:

Event/Donor	Net income
Envirobank (bottle and can recycling)	\$1,134.00
Fundraising from Surf Lifesaving NSW	\$6,100.00
Toowoan Bay Ocean Swim	\$3,000.00
Cook Family	\$3,000.00
Jemena *	\$1,000.00
Benevity **	\$34.00
Various Private ***	\$545.00

\* Employee Volunteer Donation

\*\* One of our club members nominated us to be a part of a charitable platform 'Benevity' that facilitates corporate donations.

\*\*\* Various private donations often in gratitude for rescue or other service provided to the general public.

## Grants

We were, once again, grateful to receive the ongoing support of the Wyong Rugby Leagues Club Group who provided us with \$7,500 for training and rescue equipment.



After trying a number of avenues, we were finally able to obtain a grant for \$4,000 from Central Coast Council for the purchase of a hoist for our wheelchair bound visitors, assisting them to transfer to one of our beach wheelchairs to enhance their ability to access the sand and water at the beach.

We were very successful with grants this season however a number of them, while notified of our success awarded during the season, were still in the final stages of documentation and as such will appear in next season's financial result.

We were absolutely thrilled with the news that we were successful in our application under the NSW Government Surf Club Facility Grant programme which will enable us to erect an awning over the kiosk, first aid room and emergency evacuation area. This grant for \$99,000 will enable us to provide a more consistent and safer environment for the visitors to our beach all year round. For these funds we would like to thank the NSW Premier, the NSW Sports Minister and local Members of Parliament for their support.

We were also successful to the tune of \$20,116 in our application under the NSW State Government Community Building Partnership grant which will enable us to complete the refurbishment of the member's change rooms, office, corridors, and stairwell. Our thanks to NSW Premier and Member for The Entrance David Mehan for providing the funding.

We were also successful in obtaining \$1,500 in the Federal Government Volunteers Grant Scheme to purchase new gardening equipment for maintenance of the grounds around the Clubhouse.





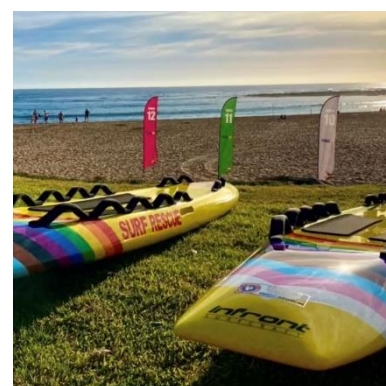
The Club Lifesaving Equipment Grant (CLEG), proudly funded by the NSW Government and facilitated by Surf Life Saving NSW, was once again available to all NSW Surf Lifesaving Clubs (SLSC). The CLEG aims to provide financial assistance to each club to promote maintaining and upgrading operational gear and equipment items which are essential to lifesaving operations. The amount of \$2,040 was allocated to Toowoan Bay SLSC for the purchasing of the following lifesaving equipment:

- High power binoculars (1)
- IRB tow ropes (2)
- Rescue tubes (5)
- IRB straps (6)
- Hytera radio (1)

Surf Life Saving's mission is to save lives, create great Australians and build better communities. To support its mission, the Australian Government provided support to the organisation to ensure that Australia's Surf Life Saving Clubs are better equipped to assist in saving lives and reducing risk as well as the nation's coastal drowning toll.

The Australian Government, through the Beach Safety Equipment Fund (BSEF), has provided funding to purchase vital safety equipment since 2013. This funding package has since been extended to 2024 through the Water and Snow Safety Program. As part of a pre-election commitment, Surf Life Saving Australia (SLSA) secured bipartisan support from both major parties to double the Beach Safety Equipment from 2022-2023 until 2024-2025. The Australian Government must be acknowledged for this initiative which provided \$11,000 in funding to TBSLSC for the purchase of vital safety equipment listed below:

- First aid supplies
- Medical supplies
- Oxygen refills and hire
- IRB Motor, inc propeller
- Various patrol equipment
- Freezer for First Aid room
- 'Pride' rescue boards (2)



NSW Surf Life Saving Clubs are grateful for the continued support of these Government agencies:

- ✓ The NSW Government through the Emergency Services portfolio for ongoing funding of state-wide operations and programs which benefit club, members, and the community.
- ✓ The NSW Government for the support of the Office of Sport, for their support to increase usage, safety and participation in Surf Life Saving through ongoing programs.
- ✓ The Federal Government for the VET Funding which enabled hundreds of assessors to update their training qualifications and provided clubs with updated training equipment including QCPR manikins and tablets.

#### Fees for the 2022/2023 Season:

Active Youth (U6-U8)	\$80.00
Junior Active (U9-U14)	\$100.00
Cadet (Inc 15yrs not holding BM)	\$80.00
Active 15-18yrs (holding BM)	\$80.00
Active 18+ (BM/Award)	\$80.00
Stingray Nipper	\$55.00
Stingray Associate	\$55.00
Associate (including Parent Associate)	\$75.00

Family Membership (2 adults and up to 3 children)	\$270.00
Family Membership additional family member	\$55.00

## Vice President Rescue Services/Club Captain's Report – 2022/2023

Another season has passed our beach, sunny days, rainy days and great weekends.

What a fantastic effort by all patrolling members. We have survived another season and the cloud of COVID restrictions has long passed.

I would like to thank all our patrolling members for their efforts and hard work throughout the season, for volunteering their time to patrol our beach for the safety and wellbeing of the community. Our Patrol Captains, Vice Captains, Award holders and Bronzies take on the responsibility and duties with due diligence, vigilance, and professionalism. The 2022/2023 season saw patrolling teams do 21 rescues, mainly over the busy summer school holiday period and we can once again say that zero lives were lost at Toowoon Bay. Our active members collectively volunteered 7,151.71 hours of their time to patrol and provide water safety for our nippers. We have several members that went above and beyond their normal rostered patrol hours. We also have several members that volunteer their time with the Central Coast Support Operations Group, this includes jet ski drivers (RWC) and Duty Officers. On behalf of the Club, I would like to thank these members for the time they volunteer willingly. I would also like to extend my appreciation to the following club members who put in extra effort to ensure the smooth running of the Lifesaving portfolio:



Ruth Cook – for her efforts in maintaining the first aid room to such a high standard.

Mike Hayhurst for keeping the IRB's and motors in good shape and running.

Rod Mergan – Board Captain.

Karen Igoe – Ski Captain for ensuring the equipment is kept in tip-top condition.

Overall, our club members have developed and maintained a high level of skill and it has shown through this year as everything appeared to run smoothly both on and off the beach. A very big thank you goes out to the facilitators, assessors, trainers, and delegates for a massive job getting everyone through their yearly skills maintenance and to up-skill. The Club and I appreciate every hour you have sacrificed for Surf Life Saving.

I would also thank my fellow Executive Committee members for all their support, and it has been an honour being your Club Captain for the 2022/2023 season, and for this great Club.

Graham Sherer (Cuddles)  
VP Rescue Services/Club Captain 2022/2023

## Patrol Service Awards 2022/2023

National Medal 1 <sup>st</sup> Clasp (25yrs)	Bil Kensey (LM)
National Medal (15yrs)	Stephen Angel and Peter Pracy
25 Year National Patrol Service Award	Bil Kensey (LM)
20 Year National Patrol Service Award	Geoff Grice (LM), Greg Owen and Wendy McNamara
15 Year National Patrol Service Award	Chris Fillingham, Julie-Ann Fillingham, Andrew Hoffman, Craig Horton and Darryl Lennox
10 Year National Patrol Service Award	Barbara Attard, Karen Igoe, Steve Lloyd, Christiana Mergan, John Pearson, Glen Thew, Shane Warbrick and Estelle Wicks
5 Year National Patrol Service Award	Justin Burgers, Tim O'Sullivan and Corban Trim
25 Year Long Service Award	Bil Kensey

<u>Saturday Patrols</u>		<u>Sunday Patrols</u>	
Patrol 1	PC Sue Hale	Patrol 2	PC Andrew Porter
Patrol 3	PC Chris Fillingham	Patrol 4	PC John Vergara
Patrol 5	PC Mick Cook (LM)	Patrol 6	PC Bil Kensey (LM)
Patrol 7	PC Dean Griffin (LM)	Patrol 8	PC Tracie Cole

LM = Life Member

Thank you to the following for giving up part or all of your **CHRISTMAS DAY** with your family to keep the beach going community safe whilst visiting Toowoon Bay:

Garry Chappell	Ros Chugg	Tracey Clifton	Helen Clifton (LM)
Julie Dawson	Chris Fillingham	Ethan Fillingham	Julie-Ann Fillingham
Jazzmyn Fillingham	Denis Hannigan (LM)	Simon Hicks	Graham Jackson
Michelle Jackson	Carol Johnson	Bil Kensey (LM)	Gayle McCann
Wendy McNamara	Jennifer McNamee	John McNamee	Michael Roberts
Denise Ryals	Wendy Sheppard	Graham Sherer (LM)	Corban Trim

### 100% Patrol

Barbara Attard	Dixon Callender	Ros Chugg	Helen Clifton (LM)
Tracey Clifton	Deirdre Coates	Dennis Coelli (LM)	Mick Cook (LM)
Ruth Cook	Tracie Cole	Geoff Cresswell	Julie Dawson
Sophie Gois	Dean Griffin (LM)	Denis Hannigan (LM)	Michelle Jackson
Bil Kensey (LM)	Nicole Locker	Luke Mabey	Stuart Mangion
Chris Manning (LM)	Wendy McNamara	John McNamee	Andrew Porter
Craig Mueller-Ahsmann	Mark Shearan (LM)	Graham Sherer (LM)	Corban Trim
Mei Ling Venning	John Vergara	Lynette Waters (LM)	

### Active 15 yrs to 18 yrs and over (inc Award Members and Cadets)

Tony Akers	Monique Alfris	Matt Allen	Janet Anderson	Stephen Angel	Scarlett Argiridakis
Louise Arthur	Cass Arthur	David Ashton	Barbara Attard	Toby Black	Jemima Bonham
Justin Burgers	Dixon Callender	Nicole Cameron	William Carlsson	Anders Carlsson	Deborah Carlsson
Joshua Caulfield	Denise Chapman	Garry Chappell	Rosalind Chugg	Matthew Clarkson	Joshua Clarkson
Siobhan Clarkson	Tracey Clifton	Deridre Coates	Craig Cole	Tracie Cole	Ruth Cook
Millie Copetti-Perrett	Paul Cosgrave	Geoffrey Cresswell	Veronica Dafter	Kerry Davenport	Julie Dawson
Michael Dezius	Jacqueline Donadel	Gavin Douglas	Michelle Douglass	Jacqueline Dunkerley	Simone Dunn
Patrick Elvin	Mark Everingham	Amber Fantoni	Edward Fantoni	Chris Fillingham	Ethan Fillingham
Jazzmyn Fillingham	Julie-Ann Fillingham	Irene Freeman	Sophie Gois	Susanne Hale	Lianne Halpin
Teegan Harrison	Daniel Hayes	Joanne Hayes	Michael Hayes	Michael Hayhurst	Christopher Herring
Tammie-Jean Hersom	Karen Hickmott	Simon Hicks	Nicole Hill	Katie Hinshelwood	Andrew Hoffman

Kerry Hoffman	Azy Holland	Craig Horton	Geoff Hunter	Karen Igoe	Blanka Jackson
Graham Jackson	Michelle Jackson	Carol Johnson	Lauren Keogh	Andrew Kerrsmith	Darcy Keys
Elyana Keys	Faith Kimpton	Christine Laing	Darryl Lennox	Diana Lennox	Sarah Lennox
Steve Lloyd	Nicole Locker	Carole Luntungen	Luke Mabey	Emily MacDougall	Robbie MacDougall
Stuart Mangion	Emma McBride	Gayle McCann	Lisette McGrath	Paul McGrath	Amelie McKay
David McKay	Maya McMullen	Wendy McNamara	Jennifer McNamee	John McNamee	Chris McPherson
Georgia-Leigh Meikle	Kristen Meikle	Joseph Mergan	Christiana Mergan	Rodney Mergan	Andi Mether
Andrew Michelini	Douglas Millard	Craig Mueller-Ahsmann	Heidi Mueller-Ahsmann	Callum Nash	Holly Nash
Trung Cang Nguyen	Ashley O'Brien	Vincent O'Keeffe	Nathan Oliver	Tim O'Sullivan	Gregory Owen
Susan Paliskis	Alison Peacock	John Pearson	Tahlia Penfold	Harry Penfold	Jenny Perram
Andrew Porter	Jeffrey Powell	Peter Pracy	Lara Pratt	David Prescott	Sue Projeski
Phillip Raymont	Michael Roberts	Denise Ryals	Belinda Schippers	Maria Schreider	Wendy Sheppard
Daniel Sigl	Hayden Sills	Victoria Simm	Hudson Sky	Michael Smith	Tim Snelling
Ebony Stephenson	Nicole Syphers	Ivan Teliatnikov	Glenn Thew	Elodie Tipton-Akers	Jonty Tipton-Akers
Corban Trim	Mei-Ling Venning	John Vergara	Robert Walker	Shane Warbrick	Estelle Wicks
Brian Wilkins	Genevieve Willis	Paul Witney	Emma Young	Phillip Barry	Keira Elvin
Quinn Flower	Gemma Harrison	Zaid Holland	Tara McGettigan	Leo Mueller-Ahsmann	Emily O'Sullivan
Isabella Penfold	Ronsher Rawal	Cameron Simm			

### **Patrolling Life Members**

Helen Clifton	Dennis Coelli	Mick Cook	Geoff Grice
Dean Griffin	Denis Hannigan	Bil Kensey	Chris Manning
Mark Shearan	Graham Sherer	Lynette Waters	

## **Chief Training Officer's Report – 2022/2023**

I would like to take this opportunity to thank everyone for supporting me in my position as Chief Training Officer (CTO) for the last three years. As most of you know, this is my last year in the position, and I wish the incoming CTO all the very best for the future.

This season saw many fantastic achievements including:

- 19 candidates successfully completing the Bronze Medallion (BM)
- 13 candidates successfully completed the Advanced Resuscitation Techniques (ART) award
- 14 candidates successfully completed the Surf Rescue Certificate (SRC)
- 5 candidates successfully completed IRB Crew award
- 4 candidates successfully completed Silver Medallion IRB Driver award
- 16 Academy First Aid awards as a pre-requisite to the new ART and to refresh our current patrolling members.
- Increase our Training and Assessing team, welcoming a new Training Officer and a new ART Facilitator.

I have great appreciation for all the trainers, assessors, and facilitators within this Club. Their knowledge and experience is profound, and our community is very lucky to have such a passionate group of people who are not only willing to pass on their skills, but to also step out of their comfort zones and learn new skills. A lot of the achievements made this year would not have been possible without the assistance this amazing Education Team and I thank you all for your personal time you sacrifice to ensure the training is delivered in a manner that creates confident, skilled, and responsible candidates to patrol our beach.

This year we welcomed Katie Hinshelwood as a trainer in training and I would like to thank John Vergara for assisting in mentoring Katie.

To all the Patrol Captains, Vice Captains, and delegates, I would like to thank you for assisting with proficiencies while on patrol throughout the first half of the season. My thanks also to Julie-Ann and the SLSCC Board of Education members for their vast knowledge and support.



Next year, we will be seeking to:

- Continue to encourage more probationary TAF's to join the Education Team.
- Maintain the frequency of our Bronze courses
- Continue to upskill our patrolling members

It has been a pleasure being your Chief Training Officer, thank you again for your support.

Sue Hale

Chief Training Officer 2022/2023

#### **5 Year Assessing Service Certificate**

Nicole Hill, Chris Manning (LM), John Vergara. Retrospectively Mick Cook (LM) and Graham Sherer (LM)

#### **15 Year Assessing Service Certificate**

Bil Kensey (LM)

#### **5 Year Facilitating Service Certificate**

Bil Kensey (LM)

#### **5 Year Training Service Certificate**

Chris Fillingham, Julie-Ann Fillingham, Susanne Hale and Nicole Hill

#### **10 Year Training Service Certificate**

Denis Hannigan (LM), Chris Manning (LM), John Vergara. Retrospectively Mick Cook (LM)

#### **15 Year Training Service Certificate**

Bil Kensey (LM). Retrospectively Graham Sherer (LM)

#### **Advanced Resuscitation Techniques**

Stephen Angel, Emma Butterworth (Lakes), Tracey Clifton, Ethan Fillingham, Blanka Jackson, Stuart Mangion, Chris Manning (LM), Georgia Leigh Meikle, Craig Mueller-Ahsmann, Greg Owen, Susan Paliskis, Graham Sherer (LM), Nicole Syphers. Simon Hicks and Robert Walker completed the course at Shelly Beach.

#### **Bronze Medallion/Certificate II Public Safety – Aquatic Rescue**

Monique Alfris, Scarlett Argiridakis, Toby Black, Jemima Bonham, Joshua Caulfield, Deirdre Coates, Michael Dezius, Geoff Hunter, Carol Johnson, Elyana Keys, Zac Kime, Luke Mabey, Emily MacDougall, Heidi Mueller-Ahsmann, Maria Schreider, Michael Smith, Ebony Stephenson and Ivan Teliatnikov

#### **Facilitator Advanced Resuscitation Techniques**

Bil Kensey

#### **IRB Crew Certificate**

Anders Carlsson, Craig Mueller-Ahsmann, Callum Nash, Holly Nash and Jeffrey Powell

#### **Silver Medallion IRB Driver**

Anders Carlsson, Tracey Clifton, Craig Mueller-Ahsmann and Corban Trim

#### **Surf Rescue Certificate:**

Matilda Baldwin, Bronte Brock-Fenton, Samantha Cordell, Maya Hicks, Taj Kimpton, Charlotte Mangion, Eadie O'Sullivan, Indiana Paine, Zoe Peat and Noah Ward

**SLSC and Academy Facilitated Courses****Gold Medallion (Advanced Lifesaving)** – Stuart Mangion**First Aid** – Monique Alfris, Leila Bloomfield, Kerry Davenport, Simone Dunn, Irene Freeman, Geoffrey Grice, Simon Hicks, Blanka Jackson, Carole Luntungan, Craig Mueller-Ahsmann, Heidi Mueller-Ahsmann, Leo Mueller-Ahsmann, Trung Cang Nguyen, Gregory Owen, Andrew Porter and Emma Young.**Silver Medallion Patrol Captain** – Craig Mueller-Ahsmann, Darryl Lennox and Georgia-Leigh Meikle**Toowoon Bay SLSC Senior Presentation – 2022/2023**

Friday 26<sup>th</sup> May 2023  
Toowoon Bay SLSC

**Perpetual Awards:****Contribution to Education within Surf Life Saving**

Darryl Lennox

**Female Competitor of the Year**

Julie Dawson

**Male Competitor of the Year**

Rod Mergan

**Youth Patrol Person of the Year**

Corban Trim

**Patrol Person of the Year**

Stuart Mangion

**Patrol of the Year**

Patrol 8 – Paw Patrol

Patrol Captain Tracie Cole  
 Patrol Team: Monique Alfris, Craig Cole, Deirdre Coates, Tammie Jean Hersom, Carol Johnson, Luke Mabey, Lisette McGrath, Paul McGrath, Tim O'Sullivan, John Pearson, Tim Snelling, Nicole Syphers, Robert Walker and Lyn Waters

**Senior Encouragement Award**

Craig Mueller-Ahsmann

**Master's Outstanding Club Person of the Year**

Karen Hickmott

**Volunteer of the Year**

Tracey Clifton

**Club Person of the Year**

Garry Chappell

**Club Captain's Award**

Darryl Lennox

**President's Cup**

Chris Baldwin and Luke Mabey



**Associates and probationary Members (inc Stingray Associates, Parent Associates)**

Kylie Adams	Craig Adamson	Dee Aitkin	Andre Albuquerque	Cassandra Albuquerque	Georgina Alderton
Clare Austin	Nicole Ardrey	Alison Arthur	Paul Arthur	Avan Atherden	Laura Atherden
Lisa Atkinson	Liam Badzmirowski	Chris Baird	Carly Baldwin	Chris Baldwin	Ashlea Bannister
Arron Barker	Tricia Barnard	Jenny Barnes	Katherine Barry	Scott Bell	Tammie Bell
Bianca Beresford	Warwick Berge	Gregory Berry	Carole Bickley	Leila Bloomfield	Erin Boake
Joseph Bond	Vanessa Bonham	Heath Bonnefin	Kaylie Bosshard	Robyn Bourke	Lauren Boyce
Tanya Bright	Belinda Brown	Kyle Brown	Steve Buckles	Samantha Buhagiar	Kelly Burden
Alison Burgess	Mark Burgess	Damien Bury	Jessie Byrne	Paul Byrne	Jennifer Calkin
Nathan Cambourn	Anna Carter	Daniel Carter	David Cassell	Paula Cawsey	Stacey Chant
Andrew Chapman	Lauren Chappell	Alejandro Chicco	Darren Clark	Sally Clark	Christine Cook

Francis Cook	Richard Cordell	Samantha Cordell	Raine Cross	Luke Deger	Penny Diplock
Michael Diviney	Jonathon Dore	Danielle Dowler	Tegan Drake	Michael Drew	Sarah Drew
Daniel Dring	Rachel Duff	Emma Duncan	Elana Fenton	Matthew Fenton	Emily Feuerstein
Brent Fitzpatrick	Jackson Fitzpatrick	Jodie Flanagan	Jody Fletcher	Susan Flisar	Lisa Ford
Stephen Ford	Adele French	Heather Garriock	Tavis Gillies	Luke Goddard	Melina Goddard-Smith
Sharon Goodman	Mitchell Gow	Raymond Grace	Christie Graham	Danielle Grech	Elizabeth Green
Sarah Griffiths	Anna Gungor	Katie Hackett	Kim Haidar	Jade Hall	Luke Hammond
Michelle Hansen	Alanah Hare	Carolyn Harkness	Peter Harrison	Telani Harry	Lesley Hartge
Racquel Hassett	Rebecca Hayter	Jade Haywood	Brooke Heinjus	Mathew Heming	Marshall Hemopo
Katie Henstock	Ben Hickmott	Claudia Hickmott	Bernard Higgins	Samantha Hill	Jay Hinde
Matthew Hinds	Shane Hobbs	Lee Holland	Nathan Holmes	Sharon Holmes	Richard Holmes
Andrei Horenko	Richard Horton	Paul Hoyland	Ben Hudspith	Glenn Hughes	Marjorie Hutchinson
Benjamin Irons	Ana Joycelyn Ison	Maureen Jenkin	Lauren Jenson	Bruce Johnston	Lynne Johnston
Blair Jones	Marguerite Jones	Vanessa Jones	Harjit Kaur	Jenna Keating	Mani Kennedy
Paul Keohan	Belinda Kimpton	Natalie King	Jennifer Kirkby	Ryan Kirkby	Brodie Komorowski
Courtney Lacy	Ben Lane	Christine Lane	Danielle Le Page	Ben Lee-Hart	Christopher Lendich
Craig Levy	Lynette Lewis	Eleanor Little	Roderick Little	Robyn Low-Hart	Zoe Mabey
James MacKinnon	Donna Maree Mackintosh	William Mahony	Peter Mak	Vicki Mak	Rebecca Manfredotti
Margaret Manning	Beau-Jefferson Martin	Edward Martin	Jean Martin	Kirsty Martin	Owen Martin
Matias Martinez	Megan Martlew	Jake Mason	Nathen May	James McDonald	Joseph McGettigan
Daniel McHugh	Kathryn McHugh	Michael McHugh	Rory McKnight	Steve Medcalf	Jill Merrett
Amy Messer	Aaron Miller	Emmi Miller	Paul Molan	Holly Moltzen	Craig Moore
Jultine Moore	Carman Morgan	Rachel Morgan	Laura Morris	Ciara Mountcastle	Phillip Murphy
Gary Nash	Tracey Nash	Daniel Neill	Kirsty Nelson	Suellen Newton	Julie-Anne Nichols
Wendy Nobbs	Michael Northcote	Rebecca Nott	Susan O;Malley	Thomas O'Neill	Ai Keng Ong
Jessica O'Reilly	Bryn Owen	Nikki Paine	Tony Parezanovic	Carisa Parker	Steven Parson
Michael Patrick	Bruce Payne	Donna Payne	Gabrielle Payne	Sonya Peat	Teneille Penfold
Zayne Penfold	Makenzy Perkins	Tim Perram	Amanda Pinkerton	Elizabeth Porter	Lorraine Poulton
Yasuko Preddey	Amanda Radford	Courtney Radford	Nadine Radford	Linda Rainsford	Rachel Rampe
Samantha Reece	Cyrantha Renton	Dominic Restifo	Joe Restifo	Peter Reynolds	Clarissa Rhodes
Danielle Richardson	Laura Riley	Lisa Ristuccia	Renee Roberts	Anthony Roche	Carly Roebuck
Damien Rosenbaum	Samantha Rutter	Lisa Ryan	Olivia Ryan	Leaha Sanderson	Dorian Schalkwyk
Sharon Schejnin	Olga Segal	Kurt Segalla	Nick Sharples	Rebecca Sharples	Simone Simm
Rebecca Slattery	Robert Smart	Kate Smith	Luke Smith	Megan Smith	Alex Smyth
Francis Stanford	Warwick Stevens	Jake Summer	Karen Sutton-Ward	Michal Szymura	Matthew Taperell
Ashley Taylor	Finlay Taylor	Jasmin Taylor	Priyana Taylor	Simon Taylor	Deborah Teale
Daniel Testore	Rowan Thomas	Katherine Thompson	Lauren Thorpe	Victoria Tipton	Josh Tiskell
Michael Tobin	Ben Trampnau	Deborah Trevan-Catling	Belinda Tsykalas	Mia Tully	Jacinta Vergara
Rebecca Verrier	Petra Vozenilkova	Wilma Wakeley	Kane Waldron	Jaimi Walker	Michelle Wall
Rod Wallis	Darren Walsh	Jean Walsh	Paul Watkinson	Sam Watson	Jacob Webb
Clara Whitby	Anthony White	David Wicks	Rodney Wicks	Stephanie Wicks	Brenda Wilson
Sandra Wingrave	Penelope Winter	Stephen Winterton	Kirsty Woods	Sushil Yadav	

## Vice President Youth Services/JAC Report – 2022/2023

I'm very proud to say it was a year of many achievements for Toowoon Bay Nippers on many different levels. In my opinion, this season has set us up for success for many years to come – not just success in traditional metrics that other clubs may measure such as medals to be won at carnivals, but elements such as club culture, nipper proficiency, and parent engagement and support. These elements are vital for our continued success as a club, and I look forward to building on the gains we have made in 2022/2023 for future seasons.

The first major achievement for the year were the changes we were able to make in our under 6 and under 7 nipper programs. It was recognised how tough a job it was for age managers to coordinate and keep approximately 50 young kids engaged throughout the nipper program. We had a fantastic response to our request for help – in the end we had 10 age managers across the under 6 and 7 groups meaning a much more sustainable ratio of age managers to nippers. These kids are the future of our club, so it is great to increase their level of engagement with the nipper program. We took a great deal of learnings away from these changes this year and are looking at ways to incorporate these improvements into our under 8 and possibly under 9 programs in the 2023/2024 season.



---

Another milestone we achieved through the year was increased representation at all carnivals in the 2022/2023 season. We had 31 individual competitors, and I was very proud to recognise and award each of these competitors with a Toowoon Bay representative pack at the end of year presentation. I'm really looking forward to seeing us representing the club at carnivals in 2023/2024 kitted out as a team.

As a result of this increased representation, we were able to enter a team into the All-Age Board and Sprint Relays at the Umina Teams Carnival on the 27<sup>th</sup> of November 2022 – something we haven't been able to do for a number of years. This shows we have a group of kids (and parents) who are dedicated enough to the Toowoon Bay Nipper program to not only represent the club but also make a commitment to turning up for the start of the program and staying all day.

I personally know a lot of nippers who have drifted away from our club over the years and gone to other clubs simply so they could form teams at carnivals – with this increased representation, I feel we will start to see the tide turn. I'm looking forward to what this means for us in the future.

Another initiative we commenced through the year which I am incredibly proud of is running the club Iron Person at the end of nippers each Sunday. This event epitomises our club culture – kids at every level of ability giving a difficult event a crack and improving week on week with their parents joining in. Those that don't join in are lining the shore cheering and yelling encouragement. It has been great seeing and hearing this each week as I cross the line in first place. Although unlikely, I am looking forward to a nipper beating me across the line at some point in the 2023/2024 season.

The Nippers and Age Managers took a well-earned break through the middle of the season over Christmas and new year but not before we held our annual twilight nippers event. Despite the inclement weather, we were fortunate enough to have a visit from Santa who also called in to SIPS beforehand just to check in and make sure everyone was behaving themselves.

The new year started with Zoe Peat and Noah Ward representing our club in the Junior Lifesaver of the Year awards. Each year this program recognises the outstanding contributions U14 Central Coast members provide to their clubs and the community. Zoe and Noah were selected as our representatives on the back of their commitment to the Surf Rescue Certificate (SRC) program and their contribution to the Club. We look forward to Noah and Zoe continuing their involvement with the club and encouraging and inspiring our nominees for the 2023/2024 Junior Lifesaver of the Year

The second half of the season saw some big changes in the management structure which will set us up for future success. It was identified we had deficiencies in terms of concentration of responsibility and we wouldn't be able to meaningfully grow our member base or carnival representation without some organisational structure to support. After an organisational chart was mapped out, the call went out to parents and interested parties to help fill positions in our organisational chart. It was an overwhelming success – not only did we fill all positions, but we have a couple of reserve resources now in place to adequately support the nipper program.

With this support network we now have in place we have seen a tremendous increase in areas such as social media and communication which goes a long way to enhancing the nippers experience for all. I am incredibly grateful to those that have put their hand up to assist and ask that if you are in any way interested in assisting in 2023/2024 that you reach out to discuss – we have a range of ways for you to help.

We intend to build on this in the 2023/2024 season – there are already a few new positions proposed which we will work on filling to ensure we have adequate support systems in place for our nippers. Most importantly, with this organisational structure in place, we should not have another situation where the entire program rests on one person. If there is anything you feel you can add, or just want to pitch in please reach out to me – I'm confident we have a spot for you.



Preparations are already underway for our next season. We are pleased to announce we have a training program in place commencing in the off season for those nippers who are looking to extend and advance themselves. These programs will be across the beach and water with the surf program being headed up by Ray Waldron, assisted by Luke Mabey. The beach program is headed up by Shane Hobbs. Discussions have also been had to appoint water confidence resources to ensure that all nippers are reaching their proficiency milestones throughout the season.

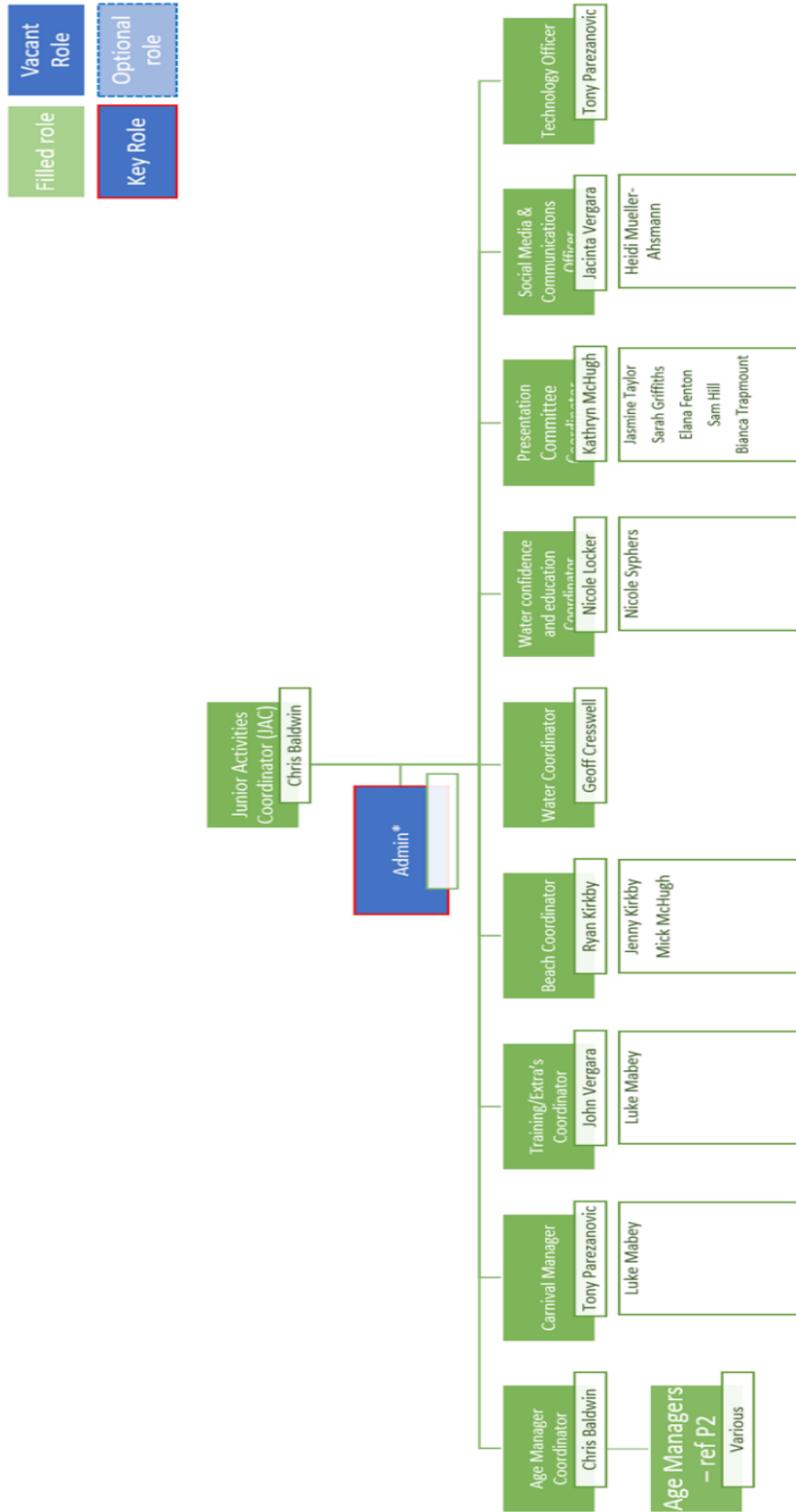
I would like to thank the Toowoan Bay Surf Lifesaving Club Executive, all nipper parents, life members and general members of the Toowoan Bay Surf Lifesaving Club for an incredibly successful 2022/2023 season, I'm looking forward to building on this for a great 2023/2024 season now that we have a strong organisational structure in place.



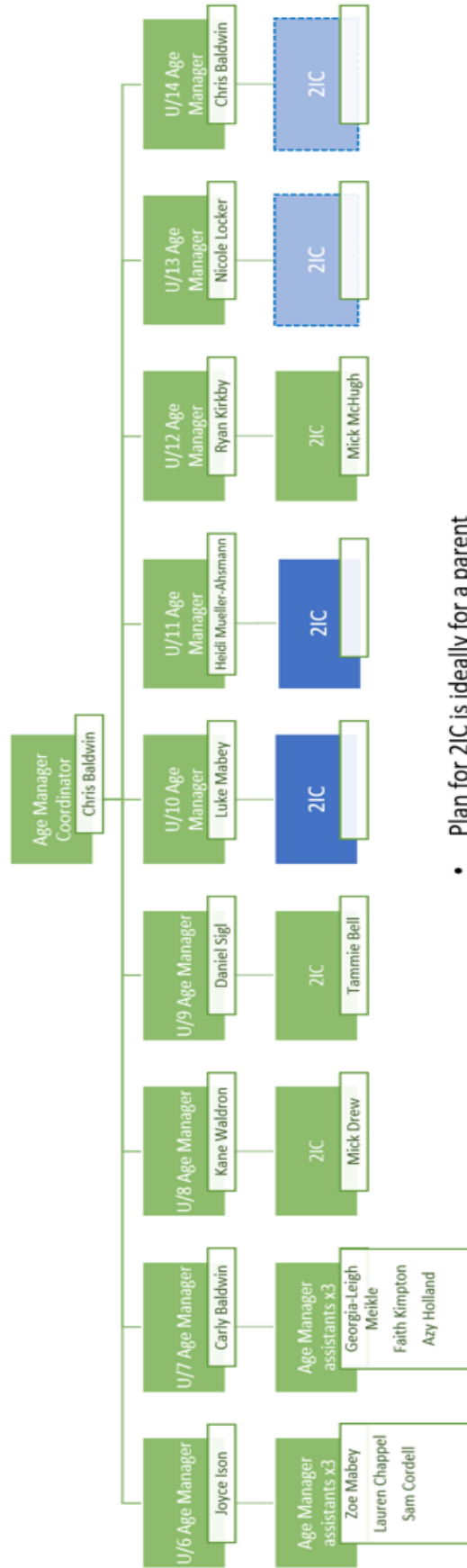
Chris Baldwin  
Vice President/Junior Activities Coordinator 2022/2023

The organisational structure that was put in place for the 2022-2023 season is set out below:

## Toowoona Bay Junior Activities Committee



## Toowoan Bay Junior Activities Committee



- Plan for 2IC is ideally for a parent
- It actively encourages parent involvement
- We have many parent helpers, but looking to formalise
- This role acts as a gateway into age managing and will be a back up age manager
- age managers require:
  - WWCC
  - online course; and
  - financial membership

## Under 6's

Age Managers: Joyce Ison, Lauren Chappell, Samantha Cordell and Zoe Mabey

What a great 2022-2023 season!

The Under 6 Nippers program is designed to introduce young children to the ocean in a safe and engaging way. This season, we focused on developing essential water safety skills such as floating, swimming, and surf awareness through a combination of structured lessons and fun activities. We encouraged play-based learning and fostered a positive and supportive environment for all participants.

Throughout the season, we saw significant growth in each of our participants. Many children who were hesitant to enter the water at the beginning of the season now confidently swim and float. We also saw improved surf awareness and a better understanding of beach safety. Our Age Managers were impressed with the positive attitudes and enthusiasm demonstrated by all participants.



The season would not have been such a success if we did not have our amazing Age Managers. They fostered a positive and inclusive environment for all participants, allowing children to learn and grow at their own pace.

Equally, parental involvement made this season even better. Parents eagerly assisted with activities or cheered from the sidelines. We believe that parental involvement is essential to creating a positive and supportive environment for young children.

The 2022/2023 season was a great success. Thank you for entrusting us with your child's surf awareness development, and we look forward to seeing you at the beach in future seasons.

### **Surf Play One Certificate**

Rafferty Adams, Cooper Alderton, Niah Atherden, Indie Badzmirowski, Louie Bannister, Lukas Bosshard, Darcy Buhagiar, Archie Byrne, William Byrne, Edge Cassell, Cayden Chant, Amelia Chappell, Valentina Chicco, Lincoln Cordell, Darcy De Vincenzo, Charlotte Duff, Eva-May Feuerstein, Lucas Flanagan, Dallas Galla, Shelby Gaudry, Liam Gillies, Nathan Goddard, Harper Godden, Stevie Goodman, Jacob Grace, Harriet Griffiths, Billie Hackett, Charlie Haidar, Penelope Hammond, Charlotte Harry, Elizabeth Haywood, Liliana Hinde, Camilla Hooper, Leigh Hutchinson, Jaxon King, Taylen King, April Komorowski, Hazel Komorowski, Harvey Lendich, Arielle Mabey, Hudson Mason, Beau McCallum, Grace McDonald, Callum McKnight, Ryan Miller, Elke Moltzen, Nora Perram, Taj Radford, Eve Rampe, Arabelle Rosenbaum, Ava Sharples, Xand Slattery, Benjamin Syphers, Aurora Taylor, Elsie Tisdell, Ethan Trampnau, Indi Tsykalas, Elka Waldron, Macy Walker, Makena Walker and Flynn Watson.



## Under 7's

Age Managers: Carly Baldwin, Georgia-Leigh Meikle, Faith Kimpton, Azzy Holland, Siara Austin-Nichols



Our group of Under 7's had a successful season. They learnt about the beach environment, sun safety, the importance of having an adult with them at the beach as well as a little about what a lifesaver is and what they do. Each week they participated in a range of different activities focusing on play, participation and fun.

Throughout the season we watched friendships blossom, confidence grow, and skills develop. By the end of the season, we were on boards and participating in flags in preparation for carnivals next year. It was a pleasure to watch the growth and development of these little nippers and we look forward to watching their nipper journey for many years to come.

Massive thanks to the parents that assisted each week, cheering on from the shoreline, encouraging your child on the sand, assisting with beach activities, or helping to pack up equipment at the end. Your assistance ensured we were able to run a successful season.

### Surf Play Two Certificate:

Willow Ardrey, Leila Atkinson, Isabella Baldwin, Moby Benton, Olivia Burgers, Yvette Burgess, Jasper Burnes, Blake Bury, Bella Carter, Byron Cawsey, Olivia Cross, Bodhi Duncan, Liam Farmer, Lily Fenton, Gracie Fitzpatrick, Emile Goddard, Leah Graham, Nate Hall, Zara Hart, Madeline Haywood, Onyx Heinjus, Miller Heming, Estelle Henstock, Harlia Hinds, Poppy Hobbs, Cooper Jones, Ivie Keating, Zade Keohan, Isabella Lacy, Violet Lacy, Oscar Lendich, Levi Maloney, Dylan Martin, Hazel Martlew, Archie Parezanovic, Maxwell Reece, Elise Segalla, Koa Smith, Thomas Snelling, Nina Stanford, Winter Thorp, Baxter Thorpe and Harrison Witney.

## Under 8's

Age Managers – Kane Waldron and Mick Drew

The Under 8's Nippers started the season filling buckets with water and sand, but by the end of the season, they were training in first aid, rescue, and surf sports without even realising it. They learned how to wade through the surf break, swim in deep water, and paddle rescue boards. Most importantly, they had a blast doing it!

### Surf Aware One Certificate:

Cormac Ashton, Landon Bosshard, Ava Brown, James Byrne, Hitch Cassell, Samuel Chapman, Joe Clark, Ivy Douglass, Lucy Douglass, Catherine Drew, Ava Ford, Isla Ford, Savannah Grech, Benjamin Griffiths, William Hinde, Hunter Hobbs, Poppy Hobbs, Luka Horenko, Abigail Irons, Jazmin Kennedy, Madeline Kirkby, Leonardo Lane, Illyana La Page, Jaxton Lee, Noa Louchart, Jesse MacDonald, Jax Manfredotti, Miesha Maecham, Flynn Molan, Kate Morris, Ollie Northcote, Cian O'Reilly, Charlotte Rhodes, Ella-Maree Ristuccia, Theodore Robertson, Sienna Smith, Zander Smith, Luciana Taylor, Courtney Tobin, Isla Waldron, Lenny White and Harrison Witney.



- ☺ Age Managers Award: Hunter Hobbs
- ☺ Most Improved: Ava Brown
- ☺ Most Consistent: Jaxton Lee



**Club Championship Results:**

Water	Girls	1. Isla Waldron 2. Ava Ford 3. Savannah Grech	Boys:	1. Benjamin Griffiths 2. Jesse MacDonald 3. Landon Bosshard
Beach	Girls	1. Catherine Drew 2. Isla Waldron 3. Ava Ford	Boys	1. Benjamin Griffiths 2. Flynn Molan 3. Landon Bosshard

**Under 9's**

Age Managers – Daniel Sigl, Tammie and Scott Bell

Under 9s had a great year. They started when the water was cold and some days the surf was bigger than what they were confident with. As the year went on, they got more and more confident and would swim and board further out getting stronger every week. It was so nice to see them all encouraging each other right through the season.

We had such an amazing group of parents that helped carry equipment, lent a hand with beach activities every week. We couldn't have done it without them.

**Surf Aware Two Certificate:**

Nixon Adams, Lucas Albuquerque, Emma Barry, Mason Bell, Ethan Burgers, Levi Carter, Jackson Cordell, Helena Dore, Heath Duff, Grace Goodyer, Elif Gungor, Matilda Haywood, Ruby Heinjus, Isaiah Lee, Noa Louchart, Finlay Murphy, Saskia Parezanovic, Eden Pinkerton, Harriet Porter, Harrison Powell, Sophie Reece, Olivia Roe, Elizabeth Syphers, Matilda Tisdell, Misha Vergara, Phoenix Walsh, Charlotte Watkinson, Imogen Wicks and Charlotte-Sophia Winterton.

- ☺ Age Managers Award: Ellie Syphers
- ☺ Most Improved: Matilda Tisdell
- ☺ Most Consistent: Levi Carter

**Club Championship Results:**

Water	Girls	1. Noa Louchart 2. Matilda Haywood 3. Charlotte Watkinson	Boys:	1. Ethan Burgers 2. Nixon Adams 3. Lucas Albuquerque
Beach	Girls	1. Matilda Haywood Tie: Noa Louchart 3. Helena Dore	Boys	1. Ethan Burgers 2. Finlay Murphy 3. Misha Vergara

**Under 10's**

Age Manager: Luke Mabey

This year the Under 10's Nippers group started with around 40 enrolments. As we settled into the season a core group of 25 nippers were consistently attending on Sunday morning with another 10 or so attending sporadically throughout the season.



Our focus was on having everyone able to participate in all core disciplines and by the Christmas break all nippers were comfortably completing a 200m swim unaided. After Christmas, the nippers were ready to push harder with their skills and fitness changing our swim to a run-swim-run. Towards the later part of the season, we had sessions focused on catching waves as well as introducing board and tube rescue skills which the nippers found challenging and entertaining.

The Under 10's group regularly making up the bulk of the competitors in the weekly club iron person challenge, it was great to see so many nippers pushing themselves to

get out of their comfort zone and complete an iron person course.

Thanks so much to all the parents that are willing to jump in and help out in running the sessions each week I really appreciate it. I am so proud of how far this group of nippers have come this season both in terms of confidence and competence. See you all next season or at training during the off season.

**Surf Safe One Certificate:**

Charlotte Ashton, Logan Atkinson, Cooper Barker, Zane Berge, Joshua Bond, Savannah Buckles, Tomas Dlesk, Kyah Farnham, Mason Feuerstein, Joseph Horton, Fraya Kerrsmith, Elouise Kirkby, Marley Lee, Kaizen Louchart, Izabelle Mabey, Amber McHugh, Chelsea McHugh, Aailya-Belle Ristuccia, Kobi Roberts, Tiara Schalkwyk, Archie Sharples, Grace Snelling, Francis Stanford, Charlie Toulman, Georgina Trampnau, Elvis Waldron, and Isabella Winterton.

- ☺ Age Managers Award: Chelsea McHugh
- ☺ Most Improved: Tomas Dlesk
- ☺ Most Consistent: Georgina Trampnau

**Club Championship Results:**

Water	Girls	1. Izabelle Mabey 2. Elouise Kirkby 3. Grace Snelling	Boys:	1. Zane Berge 2. Cooper Barker 3. Francis Stanford
Beach	Girls	1. Kaizen Louchart 2. Freya Kerrsmith 3. Izabelle Mabey	Boys	1. Zane Berge 2. Tomas Dlesk 3. Kobi Roberts

**Under 11's**

Age Manager: Heidi Mueller-Ahsmann

The Under 11's started their year without a designated age manager and a very kind Pete Harrison filled in with a few water safety volunteers. In week five, after a couple of weeks shadowing, I was thrown in at the deep end and found myself enjoying the challenge.

This mixed group of Nippers had a core of about 8-10 returning children from the previous season and a bunch of newbies. From this mix, our group of regular attendees usually numbered between 10 and 16.

This year, the Nippers focused not only on sand and surf skills, but teamwork where the emphasis was on forming more trust, solidifying friendships, and coming together to work as a team.

It was great to see the children working on encouraging each other without needing to be reminded, both during and at the end of events. Our motto became “No troll (Nipper) left behind.” We talked about how it felt to know that our teammates were looking out for us and wouldn’t just leave without making sure we had all been accounted for. A couple of the boys and a group of 3-4 girls even competed as a team at a few local carnivals!

The Nippers showed great enthusiasm when we introduced the game of fetch the tennis ball. Throughout the season, they developed and improved their skills and became more confident swimming further out to sea, practising sand grabs (diving), board paddling and running on the sand.

We even attempted some beach yoga which we hope will lead to board yoga in the next season and played with underwater filming. Furthermore, we are practicing rolling the boards, catching waves on them, and getting back on them in deep water.

The Under 11s were a great group and we hope next year to solidify and test our skills with team events at nipper carnivals. Thank you to our water safety Craig, Mick, and Leo for supporting us every week too. It was a pleasure working with a great group of kids and has been a privilege for me to be given this opportunity to have a positive influence on their bright futures.



**Surf Safe Two Certificate:**

Oliver Albuquerque, Hayley Aldridge, Claudette Austin-Nichols, Benjamin Barry, Samantha Burden, Joshua Burgess, Anna Cambourn, Oliver Carter, Leo Clark, Charles Fenton, Max Ford, Harley Hall, Connor Haywood, Indie Lambert, Grace Mueller-Ahsmann, Harvey Paine, Lucinda Parezanovic, Miranda Smith and Sophie Szymura.

- ☺ Age Managers Award: Indie Lambert
- ☺ Most Improved: Harvey Paine
- ☺ Most Consistent: Samantha Burden

**Club Championship Results:**

Water	Girls	1. Claudette Austin-Nichols 2. Anna Cambourn Tie: Lucinda Parezanovic	Boys:	1. Benjamin Barry 2. Joshua Burgess 3. Connor Haywood
Beach	Girls	1. Claudette Austin-Nichols 2. Anna Cambourn 3. Grace Mueller-Ahsmann Tie: Lucinda Parezanovic	Boys	1. Joshua Burgess 2. Connor Haywood 3. Oliver Carter

**Under 12’s**

Age Manager: Mick McHugh and Ryan Kirkby

This season the Under 12’s was made up of a core group of 10-15 participants who were predominately returning nippers from last season, with one or two new faces. Although all team members were proficient, there were varying levels of competence with swimming and board riding in rough conditions. This led to a focus of getting the group

comfortable in all types of surf in addition to building confidence, strength, and endurance across all facets of surf lifesaving, whilst also having fun.

Throughout the season we had several guest appearances from more experienced club members and water safety personnel who coached the group in navigating their way out through a shore break, overcoming fears of swimming in the ocean, and surfing the waves back into the beach. The U12's really appreciated learning from this group, especially the older girls who taught them some valuable board rescue techniques.

The weather also did its bit to contribute towards a predominately positive and upbeat attitude throughout the season and provided ample opportunity for team members to harness their board riding skills in the waves after Nippers each Sunday.

Mick and I would like to say a very special thank you to the JAC, Club members, water safety and parents who actively participated in supporting this season's nipper program, especially those who assisted with running the U12's. We're look forward to having a bigger and better season in the U13's.



#### **Surf Smart One Certificate:**

Conor Ashton, Georgia Baldwin, Isabelle Bond, Isla Haywood, Leiona Holland, Florence Kerrsmith, Jhy Kimpton, Olivia Kirkby, Amelia McHugh, Cooper O'Sullivan, Olivia Parker and Jack Tame.

- ☺ Age Managers Award: Amelia McHugh
- ☺ Most Improved: Olivia Kirkby
- ☺ Most Consistent: Florence Kerrsmith

#### **Club Championship Results:**

Water	Girls	1. Georgia Baldwin 2. Leiona Holland 3. Isla Haywood	Boys:	1. Cooper O'Sullivan 2. Jack Tame 3. Jhy Kimpton
Beach	Girls	1. Isla Haywood 2. Isabelle Bond 3. Olivia Parker	Boys	1. Cooper O'Sullivan 2. Jhy Kimpton 3. Jack Tame

#### Under 13's

Age Manager: Nicole Locker

We had an awesome season in the Under 13's. It was a small group, but that didn't stop us from achieving big things.

It was an all-boys ensemble, with some newcomers to the Nipper Family. The comradery amongst the boys made every Sunday fun.

They are all ready for U14's and completing their SRC.

Thanks Chris for one of the best seasons I have had as an Age Manager!

#### **Surf Smart Two Certificate:**

Erin Aldridge, Riley Bell, Connor Brown, Reilly Fenton, Osman Gungor, Cohen McHugh and Noah Meacham.



- ☺ Age Managers Award: Noah Meacham
- ☺ Most Improved: Osman Gungor
- ☺ Most Consistent: Riley Fenton

### Club Championship Results:

Water	Boys:	1. Connor Brown 2. Cohen McHugh 3. Noah Meacham
Beach	Boys:	1. Conner Brown 2. Riley Fenton Tie: Cohen McHugh 3. Riley Bell

### Under 14's

Age Manager: Chris Baldwin

The Under 14's started their final year as nippers with a bang at the annual Rookie Disco at North Avoca Surf Club. We had a great turn out and was a great way to start the year. A couple of our Under 14's then attended the Central Coast Surf Lifesaving Development Camp in late November at the Point Wolstoncroft Sport and Recreation Centre. We would all highly recommend to next years Under 13's and 14's to get involved in as many of the SLSC Rookie activities as possible to maximise the opportunities available to you in surf lifesaving.

For the first half of the season, the guys threw themselves into achieving their SRC award under the guidance of Greg Owen. The guys were really enthusiastic to learn resuscitation skills and we were all very thankful to Greg for dedicating his time to instructing us.

Over the Christmas break, the Under 14's had the privilege of attending the Rookie Challenge where they tested their skills in a fun environment against other clubs.

In the second half of the year, alongside completing their regular nipper program, the Under 14's got an insight into their transition to being contributing members of the surf lifesaving club by assisting in the activities to run the nipper program, such as helping set up the beach of a morning, assisting the age managers in the running of nippers and volunteering as water safety. Some members were even fortunate enough to assist on patrol.

As Under 14's, this year was unfortunately the final year for the crew as a Toowoon Bay Nipper although hopefully it doesn't mean the end of their journey with the club. It has been a pleasure taking them for the last few years of their journey and some kids have made lifelong friendships. I would like to invite each of you back next year to have you guys help with the smooth running of nippers and start your lifesaving journey.

### **Surf Rescue Certificate (CPR Endorsed)**

Matilda Baldwin, Bronte Brock-Fenton, Maya Hicks, Taj Kimpton, Charlotte Mangion, Eadie O'Sullivan, Indiana Paine, Zoe Peat and Noah Ward.

- ☺ Age Managers Award: Maya Hicks
- ☺ Most Improved: Indiana Payne





☺ Most Consistent: Charlotte Mangion

### Club Championship Results:

Water	Girls	1. Eadie O’Sullivan 2. Matilda Baldwin 3. Zoe Peat	Boys:	1. Taj Kimpton 2. Noah Ward
Beach	Girls	1. Bronte Brock-Fenton 2. Zoe Peat 3. Eadie O’Sullivan	Boys	1. Noah Ward 2. Taj Kimpton

### Continuous Nippers from Under 8’s through to Under 14’s

Matilda Baldwin, Zoe Peat

Junior Lifesaver of the Year                      Zoe Peat and Noah Ward (SLSCC Nominee)

### Nipper Perpetual Awards

Ross Blowers Under 8 Sports Boy of the Year: Benjamin Griffiths

Bil Kensey Under 8 Sports Girl of the Year: Catherine Drew

Junior Sports Boy – Encouragement Award: Landon Bosshard

Junior Sports Girl – Encouragement Award: Isla Waldron

Male Junior Sports Person of the Year: Tomas Dlesk

Male Junior Sports Person Encouragement Award: Ethan Burgers

Male Junior Sports Person Achievement Award: Oliver Albuquerque

Female Junior Sports Person of the Year: Izabelle Mabey

Female Junior Sports Person Encouragement Award: Lucinda Parezanovic

Female Junior Sports Person Achievement Award: Noa Louchart

Male Senior Sports Person of the Year: Taj Kimpton

Male Senior Sports Person Encouragement Award: Noah Meacham

Male Senior Sports Person Achievement Award: Cooper O’Sullivan

Female Senior Sports Person of the Year – Eadie O’Sullivan

Female Senior Sports Person Encouragement Award: Zoe Peat

Female Senior Sports Person Achievement Award: Isla Haywood

Family of the Year: The Mabey Family

Volunteer of the Year: The BBQ Team

Clem Liddy Junior Club Person of the Year: Matilda Baldwin

Thelma Laird Junior Club Person of the Year: Noah Ward

M & M Moore Senior Club Person of the Year: Geoff Cresswell

Rookie of the Year: Charlotte Mangion

## Junior Competition Results

### U8 – U14 Newcastle Permanent Junior Carnival at Terrigal 22 November 2022

🏆 Under 9 Female Beach Flags	Saskia Parezanovic 6 <sup>th</sup>
🏆 Under 9 Male Beach Sprint	Lucas Albuquerque 6 <sup>th</sup>
🏆 Under 11 Female Beach Flags 4 <sup>th</sup>	Claudette Austin-Nichols
🏆 Under 12 Male Beach Flags	Cooper O’Sullivan 4 <sup>th</sup>
🏆 Under 12 Male Beach Sprint	Cooper O’Sullivan 1 <sup>st</sup>
🏆 Under 14 Female Beach Flags	Zoe Peat 3 <sup>rd</sup>
🏆 Under 14 Female Beach Flags	Bronte Brock-Fenton 5 <sup>th</sup>
🏆 Under 14 Female Beach Relay	Matilda Baldwin, Bronte Brock-Fenton, Zoe Peat and Eadie O’Sullivan 5 <sup>th</sup>



### U8 – U14 Newcastle Permanent Junior Carnival at Terrigal 14 January 2023

🏆 Under 14 Female Flags	Zoe Peat 2 <sup>nd</sup>
-------------------------	--------------------------

### 2022/2023 Newcastle Permanent Ironperson Series

🏆 Under 10 Female	Izabelle Mabey 5 <sup>th</sup>
-------------------	--------------------------------

### SLSCC Junior Branch Championships at Avoca, Saturday and Sunday 11<sup>th</sup> and 12<sup>th</sup> February 2023

🏆 Under 14 Male Signals	Noah Ward 5 <sup>th</sup>
-------------------------	---------------------------



## Toowoan Bay Stingray Nippers – 2022/2023

(Modified Nippers Program)

We had another brilliant season of the Stingray Nipper Program for children with additional needs. This year we had 22 Stingrays and were blessed with the addition of some Duke of Edinburgh Award volunteers from Central Coast Grammar School as well as several other new volunteers, including a new sponsor – Tribe Disability Support. This injection of younger volunteers was fantastic both for the Stingrays and the other, longstanding volunteers!



We hosted the SLSCC inclusive carnival where good spirited camaraderie was experienced by all and we had two Stingrays represent at the SLNSW inclusive carnival coming away with three gold and two silver medals between them – fantastic effort!



Perhaps the highlight of our season was the launch of the ‘Pedotle’- part pelican, part dolphin, part turtle – the brainchild of Andi Methner. Andi Methner is a patrolling member of TBSLSC and founder of Zest Events International



who won a grant from Creative Arts Central to help construct this fantastical creature that celebrated the ABILITIES rather than the DISabilities of our wheelchair bound Stingrays. For more details, please see <https://zestevents.com.au/services/lookmumwatchme/>

I look forward to seeing everyone again for our next season of Stingray Nippers in 2023/2024.

Karen Hickmott  
Stingray Nipper Co-Ordinator

**Stingray Participants**

Billy Aitkin	Broc Bloomfield	Kai Curran	Charlie Diviney	Jaxon Drury
Leo Ferris	Sebastien Friedrich-Roche	Matthew Harkness	Paul Harrison	Kaide Hayter
Nathan Holmes	Cayden Khaw	Ayden Littlechild	Luke Martin	Patrick Martin
Bailey Peat	Dominic Restifo	Tahwan Smart	Tahlae Smart	Krystal Woods
Atharv Yadav	Ashton Zielinski			

**Junior Active 5-14 Membership (inc Rookies)**

Nixon Adams	Rafferty Adams	Lucas Albuquerque	Oliver Albuquerque	Cooper Alderton	Erin Aldridge
Hayley Aldridge	Willow Ardrey	Charlotte Ashton	Connor Ashton	Cormac Ashton	Niah Atherden
Leila Atkinson	Logan Atkinson	Claudette Austin-Nichols	Siara Austin-Nichols	Indi Badzmirowski	Georgia Baldwin
Isabella Baldwin	Matilda Baldwin	Louie Bannister	Cooper Barker	Benjamin Barry	Emma Barry
Mason Bell	Riley Bell	Moby Benton	Zane Berge	Bodhi Blackley	Isabelle Bond
Joshua Bond	Landon Bosshard	Lukas Bosshard	Bronte Brock-Fenton	Ava Brown	Connor Brown
Savannah Buckles	Darcy Buhagiar	Samantha Burden	Ethan Burgers	Olivia Burgers	Joshua Burgess
Yvette Burgess	Jasper Burnes	Blake Bury	Archie Byrne	James Byrne	William Byrne
Anna Cambourn	Bella Carter	Levi Carter	Oliver Carter	Edge Cassell	Hitch Cassell



Byron Cawsey	Lakyn Cawsey	Samuel Chapman	Amelia Chappell	Valentina Chicco	Joe Clark
Leo Clark	Jackson Cordell	Lincoln Cordell	Olivia Cross	Darcy De Vincenzo	Charlee Deger
Tomas Dlesk	Helena Dore	Will Douglas	Ivy Douglass	Lucy Douglass	Edward Dowler
Catherine Drew	Hayden Dring	Henry Dring	Charlotte Duff	Heath Duff	Bodhi Duncan
Liam Farmer	Kyah Farnham	Charles Fenton	Lily Fenton	Reilly Fenton	Ava-May Feuerstein
Mason Feuerstein	Gracie Fitzpatrick	Lucas Flanagan	Ava Ford	Isla Ford	Max Ford
Dallas Galla	Shelby Gaudry	Liam Gillies	Emile Goddard	Nathan Goddard	Harper Godden
Steevie Goodman	Grace Goodyer	Jonah Gow	Noah Gow	Jacob Grace	Leah Graham
Savannah Grech	Benjamin Griffiths	Harriet Griffiths	Elif Gungor	Osman Gungor	Billie Hackett
Charlie Haidar	Farrah Hall	Harley Hall	Nate Hall	Penelope Hammond	Charlotte Harry
Zara Hart	Bella Hartge	Connor Haywood	Elizabeth Haywood	Isla Haywood	Madeleine Haywood
Matilda Haywood	Onyx Heinjus	Ruby Heinjus	Miller Hemming	Estelle Henstock	Maya Hicks
Liliana Hinde	William Hinde	Harlia Hinde	Hunter Hobbs	Poppy Hobbs	Leiona Holland
Camilla Hooper	Luka Horenko	Joseph Horton	Zach Horton	Alicia Hudspith	Leah Hutchinson
Abigail Irons	Ranjodh Jhutti	Cooper Jones	Ivie Keating	Jazmin Kennedy	Zade Keohan
Florence Kerrsmith	Freya Kerrsmith	Zac Kime	Jhy Kimpton	Taj Kimpton	Jaxon King
Taylen King	Elouise Kirkby	Madeleine Kirkby	Olivia Kirkby	April Komorowski	Hazel Komorowski
Isabella Lacy	Violet Lacy	Indie Lambert	Leonardo Lane	Illyana Le Page	Isaiah Lee
Jaxton Lee	Marley Lee	Harvey Lendich	Oscar Lendich	Kaizen Louchart	Noa Louchart
Arielle Mabey	Izabelle Mabey	Jessi MacDonald	Levi Maloney	Jax Manfredotti	Charlotte Mangion
Calvin Marsh	Dylan Martin	Patrick Martin	Violet Martinez	Hazel Martlew	Hudson Mason
Luca May	Beau McCallum	Grace McDonald	Chloe McGrath	Kiara McGrath	Sophie McGrath
Amber McHugh	Amelia McHugh	Chelsea McHugh	Cohen McHugh	Connor McIlroy	Callum McKnight
Miesha Meacham	Noah Meacham	Mitchell Miller	Ryan Miller	Flynn Molan	Elke Moltzen
Kate Morris	Grace Mueller-Ahsmann	Finlay Murphy	Harvey Nilsson	Ollie Northcote	Cian O'Reilly
Cooper O'Sullivan	Eadie O'Sullivan	Harvey Paine	Indiana Paine	Archie Parezanovic	Lucinda Parezanovic
Saskia Parezanovic	Olivia Parker	Zoe Peat	Nora Perram	Eden Pinkerton	Harriet Porter
Harrison Powell	Kobe Radford	Taj Radford	Eve Rampe	Maxwell Reece	Sophie Reece
Charlotte Rhodes	Aliana Richardson	Hamish Richardson	Aaliyah-Belle Ristuccia	Ella-Maree Ristuccia	Kobi Roberts
Theodore Robertson	Olivia Roe	Arabelle Rosenbaum	Tiara Schalkwyk	Annika Jane Schejnin	Elise Segalla
Archie Sharples	Ava Sharples	Xand Slattery	Ava Smith	Koa Smith	Miranda Smith
Sienna Smith	Zander Smith	Grace Snelling	Thomas Snelling	Francis Stanford	Nina Stanford
Benjamin Syphers	Elizabeth Syphers	Sophie Szymura	Jack Tame	Henry Taperell	Aurora Taylor
Luciana Taylor	Sophia Taylor	Jack Teale	Sergei Teliatnikov	Albie Testore	Winter Thorp
Baxter Thorpe	Elise Tisdell	Matilda Tisdell	Courtney Tobin	Charlie Toulman	Harry Toulman
Ethan Trampnau	Georgina Trampnau	Indi Tsykalas	Aria Tully	Misha Vergara	Lucca Vizeu
Elka Waldron	Elvis Waldron	Isla Waldron	Macy Walker	Makena Walker	Phoenix Walsh
Zara Walsh	Noah Ward	Charlotte Watkinson	Amelia Watson	Flynn Watson	Layla Weber
Lenny White	Imogen Wicks	Charlotte-Sophia Winterton	Isabella Winterton	Harrison Witney	

## Cadets and Seniors Report – 2022/2023

Again another great season, and whilst we had more than 16 signed up this year, we tended to see different faces turn up week to week. No matter who turned up though, I don't believe any went away without a laugh and a feeling of accomplishment. It's always a fun Sunday!

Again, like years in the past, our Cadets and Seniors (including some Master's) all enjoyed the experience. Hopefully they will come and sign up for this coming year!

This year, goals were set and pleasingly achieved, whether it was swimming the bay or running the beaches and pushing out the stairs at either Bondies or at Blue Bay. We even did a 'Board Aerobics' challenge one morning, where the difficulty could be seen by the amount of people off their boards.

Parents (award members) again were welcome to join in and did so. It's always encouraging to see Cadets' parents pushing out the same activities as their kids – Well done parents!

All Cadets should be applauded for their different personalities and attitudes, making Sunday mornings always a pleasure to come down for - Thankyou Cadets!

Geoff Cresswell

Team Leader – Cadets – Opens 2022/2023

## Master's Report and Results – 2022/2023

Our Master's have had another busy season the crew have kept themselves fit and busy.

The Shaw and Partners Financial Services Coolangatta Gold was the first event that the Master's men and women began the season with. The group transported themselves and their equipment to compete in the team short course race – swim, ski, board and run. All the training over the off season paid off and the Women's team - 'Pending Conditions' Karen Igoe (ski), Michelle Jackson (swim), Christiana Mergan (board) and Estelle Wicks (run) - came in third. The Men's team – 'Mighty Ducks', consisting of Mike Hayhurst (swim), Graham Jackson (board), Robbie MacDougall (ski), Rod Mergan (run) put in an amazing effort and came in 6<sup>th</sup>.



In February SLSCC Branch Master's Championships were held at Umina Beach and a great day was had by all. Our group sees the regulars competing and, thanks to Phil's Tuesday afternoon training, we have had good representation



from across the Master's group. I hope that we will see more Master's next year at local, Fingal and possibly State Championships. Fingers crossed, there will be a large contingent going to Aussies which will be held on the Sunshine Coast in QLD. Get training everyone!

Phil (our President) provided us with a great training session, held on Tuesday afternoons. Through his coaching, those attending gained confidence and learned techniques which will help in competition, and we also increased our fitness. It is planned that what used to be CANS (a handicapped 'carnival' run/swim/ski) will run on Sunday mornings instead



of Friday afternoons from next season. This is a great activity for all to get involved in, and it's not limited to the Masters.

The competition flag was taken to SLNSW Championships by Julie Dawson and Wendy McNamara. In conditions that can only be described as horrible (humidity was 100%), they completed the 1k coming away with gold and silver. They both then went on to contest flags, sprints and a swim.

Julie Dawson was our only representative at Aussies in Perth WA, and came away with some new hardware.

As most of the group was away competing in triathlons or travelling, it was decided that Master's Club Championships would be cancelled for 2022/2023 season. Back to it next year!



Huge shout out to Julie and Jacqui for officialing for us. Without the support of our officials, we can't participate.

Our Master's group is always keen to welcome new members and there is a variety of swim, run and paddling activities all year round. Keep an eye on the FB page for updates.

See you all at the beach!

Christiana Mergan

Master's Manager 2022/2023

## Master's Results:

### SLSCC Branch Championships at Umina Sunday 29<sup>th</sup> January 2023

🏆	50-54 Female Ironperson	4 <sup>th</sup>	Christiana Mergan
🏆	50-54 Female Board Rescue	5 <sup>th</sup>	Christiana Mergan
🏆	50-54 Male Board Race	5 <sup>th</sup>	Simon Hicks
		6 <sup>th</sup>	Rod Mergan
🏆	50-54 Male Beach Flags	2 <sup>nd</sup>	Rod Mergan
🏆	50-54 Male 2k Beach Run	2 <sup>nd</sup>	Rod Mergan
🏆	50-54 Male Beach Sprint	4 <sup>th</sup>	Rod Mergan
🏆	55-59 Female Surf Race:	5 <sup>th</sup>	Tracey Clifton
🏆	55-59 Female Board Race	6 <sup>th</sup>	Tracey Clifton
🏆	55-59 Female Beach Sprint	4 <sup>th</sup>	Tracey Clifton
🏆	55-59 Female 2k Beach Run	2 <sup>nd</sup>	Tracey Clifton
🏆	55-59 Male Beach Flags	3 <sup>rd</sup>	Jeffrey Powell
🏆	55-59 Male Beach Sprint	2 <sup>nd</sup>	Jeffrey Powell
🏆	60-64 Female Beach Sprint	3 <sup>rd</sup>	Jenny Perram
🏆	60-64 Female Board Rescue	1 <sup>st</sup>	Jenny Perram and Estelle Wicks
🏆	65-69 Female Surf Race:	1 <sup>st</sup>	Denise Ryals
		2 <sup>nd</sup>	Estelle Wicks
		3 <sup>rd</sup>	Gayle McCann
🏆	65-69 Female Board Race	1 <sup>st</sup>	Gayle McCann
🏆	65-69 1k Female Beach Run	1 <sup>st</sup>	Gayle McCann
		2 <sup>nd</sup>	Estelle Wicks
🏆	65-69 Female Beach Sprint	1 <sup>st</sup>	Denise Ryals
		2 <sup>nd</sup>	Estelle Wicks

		4 <sup>th</sup>	Gayle McCann
🏆	65-69 Female Rescue Tube Race	1 <sup>st</sup>	Estelle Wicks
		2 <sup>nd</sup>	Gayle McCann
🏆	65-69 Female Board Rescue	1 <sup>st</sup>	Gayle McCann and Denise Ryals
🏆	70-74 Female Surf Race	1 <sup>st</sup>	Barbara Attard
🏆	70-74 Female 1k Beach Run	1 <sup>st</sup>	Julie Dawson
		2 <sup>nd</sup>	Barbara Attard
🏆	70-74 Female Beach Flags	1 <sup>st</sup>	Wendy McNamara
🏆	70-74 Female Beach Sprint	1 <sup>st</sup>	Barbara Attard
		2 <sup>nd</sup>	Wendy McNamara
🏆	70-74 Female Rescue Tube Race	1 <sup>st</sup>	Barbara Attard
🏆	75+ Male Surf Race	3 <sup>rd</sup>	John McNamee
🏆	75+ Male Beach Run	1 <sup>st</sup>	John McNamee
🏆	75+ Male Beach Flags	1 <sup>st</sup>	John McNamee
🏆	75+ Male Beach Sprint	1 <sup>st</sup>	John McNamee
🏆	170yrs min Female Surf Teams	3 <sup>rd</sup>	Barbara Attard, Jenny Perram and Estelle Wicks
		4 <sup>th</sup>	Denise Ryals, Tracey Clifton and Gayle McCann
🏆	170yrs min Female Board Relay	3 <sup>rd</sup>	Team A
🏆	230yrs min Male Beach Relay	1 <sup>st</sup>	John McNamee, Simon Hicks, Jeffrey Powell and Rodney Mergan
🏆	230yrs min Female Beach Relay	2 <sup>nd</sup>	Estelle Wicks, Christiana Mergan, Denise Ryals and Barbara Attard

#### SLSNSW Championships – Queenscliff SLSC Wednesday 1<sup>st</sup> March 2023

🏆	70-74 Female Beach Sprint	1 <sup>st</sup>	Julie Dawson
		2 <sup>nd</sup>	Wendy McNamara
	Flags	1 <sup>st</sup>	Julie Dawson
		2 <sup>nd</sup>	Wendy McNamara
	1k Beach Run	1 <sup>st</sup>	Julie Dawson
		2 <sup>nd</sup>	Wendy McNamara
🏆	70-74 Female Surf Race	2 <sup>nd</sup>	Julie Dawson

#### SLS Australian Championships – Perth Western Australia 27<sup>th</sup> and 28<sup>th</sup> March 2023

🏆	70-74 Female Beach Sprint	1 <sup>st</sup>	Julie Dawson
	Flags	1 <sup>st</sup>	Julie Dawson
	1k Beach Run	1 <sup>st</sup>	Julie Dawson



## Function Room Report – 2022/2023



Consistent bookings for weddings, engagement parties, wakes and family gatherings filled the latter part of 2022, now the cloud of COVID had passed. There was a bit of a lull over Christmas/new year to let me catch my breath and prepare for a busy February/March/April.

The hall is now listed on a new service called Venuu, and this has enhanced our presence in the market. Bookings are up and looking towards a very busy period from September to December 2023 and early 2024 is beginning to fill up.

The cost to hire the hall has remained static, with only the cost of security increasing slightly. Our hall remains good value for money, sits in a niche market and is very appealing to people who wish to organise their own catering and alcohol for their event. The size of the event area, its neutral colour scheme, and its uninterrupted views of the ocean pique the interest of many, especially those looking for a smaller more intimate event area.

Aside from doing an amazing job in keeping the Club in top financial management, managing the volunteer bar roster, co-ordinating the Stingrays program, patrolling, applying for grants and keeping up with the needs of her family, Karen is an incredibly talented, classically trained harpist and singer. TBSLSC was fortunate to have been the chosen location to showcase her many exquisite musical talents. Karen partnered with soprano Cinzia Montresor to form Harpe Diem. Harpe Diem was launched at TBSLSC on Saturday 13<sup>th</sup> August, and their passion for music was savoured by a captivated audience. For those that missed the first performance, or for those that wanted to experience the beauty of Harpe Diem again, an encore performance was held on Saturday 18<sup>th</sup> February and again the audience was captivated.



Karen then went on to partner with Flutist Pu-Yu Wu to bring 'Angelsong' to our Club. Pu-Yu and Karen performed a breathtaking arrangement of music, from lilting Celtic melodies from far away memories to Mozart's divine Flute and Harp Concerto, to one of the most loved and published modern composer Gary Schocker's ethereal 'Angelsong'. The recital was held on Friday 9<sup>th</sup> December and the audience was in awe.

Sunday SIPS is going really well and contributing nicely to the bottom line. Every second Sunday of the month, SIPS features local bands and artists. This has proved **very** popular and a lot of fun. Featured bands include – NYC, Village Idiots, Kate Kerighan, The Relics and the extremely popular Breakaways. Word has spread about Sunday band days and how good the afternoons are! Local artists are constantly asking if they can join the line up, and new artists will be performing in the new year.



I must thank Karen Hickmott and her son Ben for coming to the Club every Thursday to stock and unpack the fridges depending on events over the weekend. Ben is extremely diligent when it comes to recycling, making sure the bottles and cans are sorted into the correct bins, the bins are emptied, glasses are checked for cleanliness and stacked neatly. They do a fantastic job ensuring the fridges are clean, stacked, and ready for a hire and SIPS.

My thanks to Karen Hickmott, Tracey Clifton and Sue Hale for being available when I need bar staff for events, your professionalism, hard work and good humour when working said events is valued and your help in re-stacking the fridges following an event (sometimes late Saturday night) in readiness for Sunday SIPS is invaluable and much appreciated. I'm always on the lookout for staff for events, if you'd like more information or you'd like to be added to the staff list, please contact me.

Thank you to Karen for managing the Bar and the SIPS Volunteer Roster. I also can't go without thanking all SIPS Volunteers for giving up their Sunday afternoons and public holidays to work the bar – Denis Hannigan (LM), Helen Clifton (LM), Mark Shearan (LM), Phillip Raymont, Ben and Karen Hickmott, Tracey Clifton, Jacqueline Dunkerley, Craig Horton, Nicole Cameron, Chris Manning (LM), Christiana and Rod Mergan, Denise Ryals and Garry Chappell, Justine Moore and Sue Hale. We are always on the lookout for qualified bar staff and 'bar usefuls' (glass catcher, fridge restocker etc) to help out at SIPS. Please contact Karen Hickmott ([finance.toowoonbayslsc@gmail.com](mailto:finance.toowoonbayslsc@gmail.com)) if you'd like to be added to the list.

We now have a few fitness/yoga options available at Toowoon Bay SLSC during the week, and anyone can join in:

- ✓ Every weekday – Roslyn Forman of Central Coast Exercise leads group classes and individual PT sessions focusing on restorative Pilates, strength classes to work on your stability, core strength and functional movement. All fitness levels catered for, book in for an assessment with Roslyn [HERE](#)
- ✓ Yoga with Shona Bridge takes place on Tuesdays from 11am until 12pm. Focussing on stability, strength and relaxation with all levels catered for. New participants always welcome and encouraged to join in. Call Shona 040448615 to book in for a class and for more information on Shona, click [HERE](#).
- ✓ Blake Peachy had a change in circumstances which saw the need for him to cancel his Friday yoga classes for winter. He is looking at restarting his yoga classes when the weather warms up. Reach out to Blake through his FB page – '[Yoga By Blake](#)' if you would like to find out more.

Forrester's Beach and Bateau Bay Probus (craft, songsters and women's chat group) continue their monthly meetings here.

Our Caretaker Leigh Perrow (CCC Lifeguard), is always on hand to help in maintaining the club and grounds, help with different projects around the Club and is on hand to ensure that events at TBSLSC run to time, have a point of contact for the entirety of the event, and guests exit (with help from the Security Guard) the premises quietly and without



commotion. Leigh is eager to help wherever he can, let him know if you see anything around the club that needs attention.

Full day hire is still \$1,800.00 with a \$1,500.00 bond also charged along with after cleaning at \$220.00 and one security guard at \$220.00 for the evening. Hourly rate remains at \$132.00/hour with a minimum booking of six hours. Wakes and Sundays negotiable.

Thank you again to the Executive Committee for your continued and valued support.



---

Jacqui Donadel  
Function Room Manager 2022/2023

## Toowoan Bay Ocean Swim 2022

Proudly hosted by  
Toowoan Bay Surf Life Saving Club

The 2022 Toowoan Bay Ocean Swim (TBOS) was conducted on 26<sup>th</sup> November. The event resumed after a two-year hiatus due to covid concerns. The TBOS, while missed by many, needed this event to remind participants that it was back, and so future events will be better supported.

The weather, water temperature and tides ensured that the event would be a safe enjoyable swim with the elements of challenge that all ocean swims contain. The event drew 283 participants across all three swim legs with entrants in junior (8 years) to seniors (70 years) categories.

The event held the usual swims: the annual running of the John McNamara Memorial Open 400m, as well as the 400m Junior, and one and two kilometer events.

Ocean swimming is a challenging event and the TBOS. has the reputation of an easier, gentle, family focused 'fun' event, and with that in mind, families were strongly represented with multiple entrants holding the same surnames, swimming with one another or in different course lengths.

The event, as stated, drew 283 participants which, whilst smaller crowds than previous events, always creates a hectic environment for the administration personnel on the day. Those girls, and guys, worked efficiently and under pressure for most of the morning and maintained a professional standard.

I, and on behalf of the 2022 Organising Committee, send my deepest gratitude to each and every one of you who participated in administration duties. Thank you to you all.

From an organiser's viewpoint, water safety is always our biggest issue. Whilst the quality of water safety is always excellent, the number of personnel at this year's event was so pleasing. Jet ski and IRB operators were, as always, more than sufficient, but it was the increase in ski and board paddlers and tube swimmer numbers that really pleased us, the organisers. These numbers greatly increase the 'vision' on the water thus greatly decreasing the risk.

Pleasing also, was the number of **new 'Bronzies'** who assisted on the day.

I have, in the past, made the water safety issue plain to TBSLSC and this year the members really responded to the call out. I believe that this is our marquee event and showcases our community whilst bringing in valuable dollars for training equipment. There can never be too many IRB crews, board paddlers, tube swimmers or shoreline observers. We will continue to improve this with more dialogue between TBOS Committee Members and Patrol Captains at the beginning of the 2023-24 season.

I would like, on behalf of the 2022 Organising Committee, to send my deepest gratitude to each of you who participated in water safety.

Whilst the faces of the Committee may change, the ideal does not, and that is to raise much needed funds for the host club, Toowoan Bay Surf Life Saving Club.

The 2022 Ocean Swim Committee, and members of the host club, have once again put on a tremendous event that contributes to community engagement and a healthy lifestyle and creates an awareness of the host club and fosters the ideals that the club hold.

It is with great pride that the 2022 Organizing Committee presents to TBSLSC a disbursement cheque to the value of \$3,000.00 as well as disbursing a cheque for \$400.00 to the Disabled Surfers Association - Central Coast Branch.

I would like to send a personal thank you to the 2022 TBOS Event Committee. This event takes a year to plan and prepare for, indeed a lot of work. These people continually impress me with their dedication to volunteering and work so hard to put on this event:-

Mrs. Laureen Sliwinski, Mr. Craig Adamson, Mr. Michael De La Motte, Mr. Phil Coker, Ms. Nicole DeMestre, Mr. Greg Berry, Mr. Chris Milne, Ms Jessica Sliwinski, and Mr. Ryan Adamson - THANK YOU.

Finally, the 2023 Toowoon Bay Ocean Swim is scheduled for 25<sup>th</sup> November 2023. The Organising Committee meets every third Monday of the month, and all are welcome. The event is growing, so all help is good help. Please contact Greg on 0414 877 672 if you would like to participate.

Greg Owen

On behalf of the 2022 T.B.O.S. Organising committee

**Whilst every endeavour has been made for the information contained in this report to be accurate, please accept our apologies for any incorrect spelling or omissions.**



**First Toowoon Bay SLSC Patrol 1954**

Back row: Don Newling, Max Hazlett, Brian Byrnes, William Lees, Warren Johnson, Max Shean, Keith Jones, John Ringo

Second row: Dennis Tidy, G Freeman, Max Bailey, T Roberts

Front row: Jim Starkey, Jeff Rolls, Keith Salmon, Digger Hilton, Gordon Hilton and Meggsy (the dog)

TOOWOON BAY SLSC INC

160 Bay Road

PO Box 7155

TOOWOON BAY NSW 2261

ABN: 58 960 471 011



02 4332 2411



office.toowoombayslsc@gmail.com



www.toowoombayslsc.com.au



Find us on:  
**facebook**

(official pages):

Club Page:- [www.facebook.com/toowoombayslsc/](http://www.facebook.com/toowoombayslsc/)

Functions:- [www.facebook.com/toowoombaySLSCfunctions/](http://www.facebook.com/toowoombaySLSCfunctions/)

Stingrays:- [www.facebook.com/ToowoombayStingrayNippers/](http://www.facebook.com/ToowoombayStingrayNippers/)

CANS:- [www.facebook.com/ToowoombayCans/](http://www.facebook.com/ToowoombayCans/)

Private pages:- Toowoombay SLSC Nippers, Toowoombay Masters, Patrol teams and Patrol Swap.



Instagram

Club:- #toowoombay\_slsc

Nippers: toowoombay\_nippers

Functions:- #toowoombayslscfunctions

**TOOWOON**  
**BAY SLSC**  
join the fun!

