

# TBSLSC POLICY

## Use of TBSLSC Equipment



Title:	Use of Toowoorn Bay SLSC (TBSLSC) Equipment
Date of approval:	Tuesday 15 <sup>th</sup> August 2023
Date of next review:	August 2024
Responsible to:	President, Board and Ski Captains.
Aim:	The purpose of this policy is to ensure boards and skis, purchased by Toowoorn Bay SLSC, are used and maintained to obtain maximum service life.

As more members are showing interest in using the Club's skis and boards, including nipper boards, this document has been created to ensure we have clear guidelines when using surf club equipment.

1. All persons using Toowoorn Bay SLSC (owned) equipment for operational activities (eg: lifesaving, junior activities and surf sports) must be qualified and currently proficient with the appropriate SLSC award applicable to usage of the craft (BM, SRC, Age Awards), be a patrolling member of TBSLSC, current financial member of TBSLSC, and currently enrolled in the TBSLSC Nipper Program.
2. Skis and racing mals have been divided into two categories, being competition equipment (marked with a 'C' sticker) and non-competition equipment (no sticker).
3. Competition skis and mals are only available for use by TBSLSC club members who are competing in events representing TBSLSC or any event organised by TBSLSC. Non-competitors or members competing for other clubs may use non-competition equipment.
4. Equipment is only to be used at Toowoorn Bay Beach. **Equipment is not permitted to be taken off site for training or competition purposes** unless approval has been given in writing by TBSLSC Board and Ski Captains and TBSLSC Executive.
5. Approval to take equipment off site will only be given if:
  - a) Competitions – club member must be representing TBSLSC in the event.
  - b) Training – training session must be a TBSLSC sanctioned (and minuted) training session for the purposes of skill development and fitness.
6. **Approval process:**

To obtain approval to take equipment off site (competition or training), a letter of intention must be submitted via [this Jotform link](#), or by email to [office@toowoornbayslsc.com.au](mailto:office@toowoornbayslsc.com.au) or by scanning the QR code below. You will need to state dates of removal and return, where equipment will be stored, how equipment is to be transported and event competitor will be entered into.

The outcome of the application to take equipment off site will then be pending approval from:

- Board and Ski Captains
- The Executive (all or singularly)

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You will be notified of the outcome by email.

7. Cleaning equipment – All equipment must be hosed off after use and returned to the rack in the same condition it was taken out in. When cleaning skis, taking care to wash foot pedal mechanism, emptying any water that may have entered the hull and remove sand.
8. Damage – Any damage caused or found needs to be reported to [office@toowoonbayslsc.com.au](mailto:office@toowoonbayslsc.com.au)
9. Care and maintenance – Wherever possible, skis and boards should not be dragged on the sand; this takes the fibreglass coating off and shortens the life of the craft. Please carry all equipment in and out of the water.
10. The President of TBSLSC can give approval outside these guidelines, where he deems necessary and at his discretion.

Additional Information – Initial instruction/training must include clear instructions or training protocols on how to use the equipment, particularly in regard to injury prevention and survival in the event of a possible accident or loss of craft. Members under the age of 15 must not undertake high intensity training and must not *compete* in surf boats or surf skis. Please talk to the Board Captain, Ski Captain or Age Managers for instruction/training.

### Appendix A:

QR Code for application to take equipment off site:



### Appendix B:

	Competition	Training *
Surf Ski	<ul style="list-style-type: none"> <li>• 15 years of age as at 30 September; and</li> <li>• Proficient BM holders; or</li> <li>• Met pre-requisite for BM</li> </ul>	<ul style="list-style-type: none"> <li>• 13 years of age as at 30 September; and</li> <li>• Proficient SRC holders or</li> <li>• Met pre-requisite for BM</li> <li>• Non-high intensity training</li> <li>• Qualified Coach</li> </ul>
		* Training is focussed on building competence and confidence in/on these craft and should be undertaken in calm surf conditions or still water conditions.

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Definition of High Intensity: For the purposes of this policy 'high intensity' refers to training and activity that would exceed skill development and/or cause the body to be exposed to forces that require the individual to exert more force or strength that is not suitable to their age, gender or experience. Examples include:

- a) Activity in surf where the potential to be exposed to risk situations may occur due to skill level, development of participant and risk of injury; or
- b) Training which exposes individuals to stresses that are not developmental or skill based.

### Appendix C:

Full size poster available to view at: <https://www.surflifesaving.com.au/members/resources/junior-board-guide/>

**JUNIOR BOARD GUIDE**

**SOFT NIPPER BOARD (foamie)**  
A risk assessment must be conducted before any water activities take place.

**FIBREGLASS OR SOFT NIPPER BOARD (nipper board)**  
SLSA water safety policy and procedures must be followed.  
Minimum weight 4.5kg

**FULL LENGTH FIBREGLASS (racing mal)**  
Hi viz vests must be worn at all times.  
Minimum weight 7.6kg

	SOFT NIPPER BOARD (foamie)		FIBREGLASS OR SOFT NIPPER BOARD (nipper board)		FULL LENGTH FIBREGLASS (racing mal)	
	Training	Competition	Training	Competition	Training	Competition
U6 7	✗	✗	✗	✗	✗	✗
U8	Must complete U8 preliminary skills evaluation		✗	✗	✗	✗
U9	✓	✓	✗	✗	✗	✗
U10	✓	✓	Must complete U10 preliminary AND competition skills evaluations		Only U10s with the U10 Age Award can compete in U10 team events using the designated nipper board.	
U11	✗	✗	✓	✓	✗	✗
U12	✗	✗	✓	✓	Must complete U12 preliminary AND competition skills evaluations	
U13	✗	✗	✓	✓	Only U13s with the U13 Age Award can compete in U14 team events using the Fibreglass racing mal.	
U14	✗	✗	✗	✗	✓	✓

Surf Life Saving Rescue Boards can be used when training for the SRC of U14